

CURRICULUM VITAE



KONSTANTINOS I. ALEXIOU MD, PhD

Orthopedic Surgeon

Doctor of Medicine, School of Health Sciences

University of Thessaly

PERSONAL INFORMATION

Birthdate: May 26, 1980
Place: Larissa, Greece
Family status: Married with 2 children
E-mail: alexiouk@yahoo.com konstantalexiou@uth.gr
Address: Agnostou Stratioti 11, Larissa
Cellular ph. #: -

EDUCATION

- General High School of Farkadona, Trikala (1996 - 1998)
- Department of Medicine, School of Health Sciences, University of Thessaly (2000 – 2008)
- **PhD**, University of Thessaly, Department of Medicine, School of Health Sciences (2022)

Title: Hip fractures in the elderly.

Subtitle: Correlation of clinical status - health of patients with hip fracture with:

1. The time of fracture treatment,
2. The method of fracture treatment and
3. The outcome, with emphasis on survival

PROFESSIONAL PRACTICE LICENSE

- June 2017, officially certified as Licensed Orthopaedic Surgeon, after successful examination, in the Ministry of Health authorized committee

MILITARY DUTY

- One year in the military service Health Corps (2008)

EDUCATIONAL EXPERIENCE

- Community Doctor, on the barren island of Sikinos, Cyclades, 14 months (13/4/09 – 9/6/10)
- General Surgery at the General Hospital of Trikala (2010 - 2011)
- Orthopedic Surgery at the General Hospital of Kastoria (2011 - 2012)
- Orthopedic Surgery at the Regional University General Hospital of Larissa (2013 - 2017)
- Visiting Observer at the Orthopedic Clinic, DUKE UNIVERSITY, North Carolina, USA, 01/03/2016 – 31/08/2016 (6 months)
- **Specialization** in Knee Surgery and Arthroscopic Surgery at ICATME (ESSKA & ISAKOS – Approved Teaching Center), Barcelona, Spain (2017)

TEACHING EXPERIENCE

- **Assistant Professor**, Department of Physiotherapy, University of Thessaly from April 2025
- **Academic Fellow**, Department of Physiotherapy, University of Thessaly, Winter semester, Academic year 2024 – 2025
- **Authorized Teacher**, Department of Physiotherapy within the framework of the project contract “Academic Teaching Experience to Young Scientists with PhD”, University of Thessaly, Spring semester, Academic year 2023 – 2024

- **Authorized Teacher**, Department of Nursing, University of Thessaly, Winter semester, Academic year 2023 – 2024

- **Academic Fellow**, Department of Physiotherapy, University of Thessaly, Winter semester, Academic year 2023 – 2024

- **Authorized Teacher**, Department of Nursing, University of Thessaly, Spring semester, Academic year 2022 – 2023

- **Authorized Teacher**, Department of Physiotherapy, University of Thessaly, Spring semester, Academic year 2022 – 2023

- **Academic Fellow**, Department of Physiotherapy, University of Thessaly, Winter semester, Academic year 2022 – 2023

- **Lecturer**, Department of Sports Coaching, IEK “DIMITRA”, Larissa, Academic year 2017-2018

- **Lecturer**, Department of Nursing Traumatology, Public IEK of Larissa, Academic year 2009-2010

- **Evaluation** of my course teaching by students of the Department of Physiotherapy, University of Thessaly with “excellent”

WORKING EXPERIENCE

- Private Orthopedic Surgeon since 1/1/2018
- Registrar Orthopedic Surgeon at IASO Thessaly since 2018
- Designated Doctor at A.E.L. FC games by the Super League 2018 - 2019, 2019 - 2020, 2020 - 2021, 2021 - 2022, 2022 - 2023, 2023 – 2024, 2024 – 2025
- Head Sport Medicine Doctor at Apollon Larissas FC 2018 - 2019, 2019 – 2020
- Staff of the Medical Team of Barcelona FC <14ys, Spain, 2017
- Staff of the Medical Team of Duke University, U.S.A., 2016
- Physician at the Rehabilitation Center ‘’ANIMUS’’, Larissa, 2011
- Community Doctor at the barren island of Sikinos, Cyclades, 2009 – 2010
- Physician at the Rehabilitation Center ‘’ANIMUS’’, Larissa, 2008 – 2009

RESEARCH PROJECT

- **Researcher** in the project ‘‘Customized hip arthroplasty surface implant (CustomHip)’’. Project Code (ELKE): 6602
Scientific Project Manager: Professor Konstantinos N. Malizos

LANGUAGES

- English B2 Level (CEFR)

CLINICAL AND SURGICAL FOCUS

- Adult Reconstruction & Joint Replacement of Knee, Hip & Shoulder
- Sports Medicine
- Traumatology
- Hand Disorders – Peripheral Nerve Compression Syndromes (Carpal Tunnel Syndrome)
- Arthroscopic Surgery of the Upper and Lower Extremity
- Osteoporosis

ORGANIZATIONAL SKILLS

I served as President, Vice President and Member of the Student Association at Department of Medicine, School of Health Sciences, University of Thessaly for 4 years.

PARTICIPATION IN EDUCATIONAL SEMINARS

1. Symposium on the Prevention and Treatment of Sports Injuries, Larissa November 2003
2. Symposium on the Treatment of Knee Diseases, Larissa December 2004
3. Surgical Symposium of Central Greece, Larissa November 2005
4. Injuries in sports, Prevention - Rehabilitation Larissa December 2010
5. 1st National Orthopaedic Congress in Primary Health Care, Porto Heli June 2012
6. 40th Week in Microsurgery Exercise, Ioannina February 2013
7. 4th Seminar of Surgical Anatomy Ankle and Foot, Ioannina March 2013
8. 5th Congress of Greek Arthroscopic Knee Surgery Society and Sports Injuries, Larissa April 2013
9. 69th Congress of Orthopaedic Surgery and Traumatology, Athens 2013

- 10.** 1st Seminar of Shoulder's Clinical Anatomy, Larissa January 2014
- 11.** Seminar "4th COURSE TAYLOR SPARTIAL FRAME", Larissa February 2014
- 12.** Seminar of Hand Surgery, Athens April 2014
- 13.** 5th ICRS Surgical Skills Course, Larissa October 2014
- 14.** 70th Congress of Orthopaedic Surgery and Traumatology, Athens 2014
- 15.** Methodology of research and applications in medical statistics" with program SPSS, Larissa 2013-2014
- 16.** 71th Congress of Orthopaedic Surgery and Traumatology, Athens 2015
- 17.** Online course "Osteosynthesis for surgical management of fractures for orthopedic surgeons and biomedical engineers", 26/01/15-31/03/15
- 18.** 25th Congress of Orthopaedic Surgery and Traumatology, Cyprus 2015
- 19.** 72nd Congress of Orthopaedic Surgery and Traumatology, Athens 2016
- 20.** IBRA Seminar and Workshop "Fractures of the Wrist: Open Reduction and Internal Fixation", Larissa, Greece, 2016
- 21.** 3rd Masterclass in Arthroplasty Surgery "Revision Hip & Knee Arthroplasty, Current Concepts", Thessaloniki, Greece, 2016
- 22.** Total Hip 2017 by ZIMMER BIOMET Institute, Gothenburg, Sweden 2017
- 23.** 7th Congress of the Hellenic Arthroscopic Society of Knee Surgery and Sports Injuries "George Noulis", Thessaloniki, Greece, 2017
- 24.** ESSKA Advanced Shoulder Arthroscopy Course, Watford, United Kingdom, 2017
- 25.** 7th Congress of the Hellenic Arthroscopic Society of Knee Surgery and Sports Injuries "George Noulis", Thessaloniki, Greece, 2017
- 26.** Locking Nailing Training (Gamma3 and / or T2) with Dr. Gilbert Taglang, Centre Hospitalier Universitaire, Strasbourg, 2017

- 27.** Larissa Advanced Arthroscopic Cadaver Course: All about ACL & Meniscal Lesions, University of Thessaly, Larissa, Greece November 2018
- 28.** Masterclass Trauma: Upper & Lower Limb, Athens Greece 31/10/19-01/11/19
- 29.** 20th ESSKA CONGRESS, PARIS, FRANCE, 27-29 APRIL 2022
- 30.** 5th Athens Shoulder Course, 4-7 MAY 2022
- 31.** 2nd Hellenic Congress of Fragility Fractures, 13-15 November 2020, Online
- 32.** 27th Hellenic Congress of Hand Surgery and Microsurgery, 10–12 November 2022, Thessaloniki
- 33.** 12th Orthopedic Symposium in Primary Health Care & 6th Multithematic Conference in Primary Health Care, 12-15 May 2023, Poros
- 34.** 79st Congress of Orthopaedic Surgery and Traumatology, 4-7/10/2023, Athens
- 35.** Courses attendance from the Teaching and Learning Support Center of the University of Thessaly, online, 2024
- 36.** CEE Primary Knee Course, InSITE Center, 14-15/5/24, Istanbul
- 37.** DPS Trauma Symposium - Innovations In Trauma, Solothurn, October 2024
- 38.** 80st Congress of Orthopaedic Surgery and Traumatology, October 2024, Thessaloniki
- 39.** 1st Regional Conference on Fragility Fracture Rehabilitation, Larissa, December 2024
- 40.** World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases, London, U.K., 2024
- 41.** World Congress on Osteoporosis, Osteoarthritis and Musculoskeletal Diseases, Rome, Italy, 2025
- 42.** Scientific Conference: Mountain Running: Preparation, Safety & Performance, Department of Physiotherapy, University of Thessaly, 24/5/25
- 43.** Zimmer Biomet Institute Course: Bioskills "Arthroscopic Shoulder Solutions", Athens 5-6/6/2025

ORGANIZING COMMITTEE OF SCIENTIFIC EVENTS

1. 5th Congress of Hellenic Association of Arthroscopy, Knee Surgery and Sports Injuries, Larissa 2013

2. In charge of organizing the VISITING PROFESSORSHIP programs for:

Prof Michael Patzakis Keck School of Medicine, University of Southern California, USA

Prof Charalampos Zalavra Keck School of Medicine, University of Southern California, USA

Prof Christof Wagner Klinikum Ingolstadt Germany

Prof Lars Engesaeter, Bergen University Hospital

3. SOIREE: Recent developments in the treatment of trauma of the ankle and foot, Larissa April 2014

4. 1st Seminar in Shoulder's Clinical Anatomy, University of Thessaly January 2014

5. 4th Seminar in medical skills: Stitch wound in cadaveric material, University of Thessaly May 2015

6. 1st Seminar of special skills in wound suturing, University of Thessaly May 2015

7. Symposium with international participation: PAEDIATRIC UPPER EXTREMITY, Department of Orthopaedic Surgery & Traumatology, University Hospital of Larissa June 2015

8. Trends in surgical treatment of pediatric injuries and diseases

Visiting Professor: Vernon Tolo, MD, Editor Emeritus, The Journal of Bone and Joint Surgery, University Hospital of Larissa October 2015

9. Trends in surgical treatment of hip diseases

Visiting Professor: Thierry Bequet, Professor of Orthopaedics, University of Paris, France, University Hospital of Larissa December 2015

10. Current trends in knee arthroscopy and sports injuries

Visiting Professor: Romain Seil, President of ESSKA, University Hospital of Larissa
January 2016

11. Recent developments in research

Visiting Professors: V. Tziachristos, Technical Institute of Munich, Germany,
G. Stergiadis, Mechanical Engineering, A.U.T., Greece

University Hospital of Larissa November 2016

12. Modern views on the treatment of knee injuries

Visiting Professor: David Dejour, Lyon, France, University Hospital of Larissa January 2017

13. Trends in surgical treatment of hip diseases

Visiting Professor: Thierry Bequet, Professor of Orthopaedics, University of Paris, France, University Hospital of Larissa March 2017

14. Current trends in adult hip and knee reconstructive surgery

Visiting Professor Per Kjaersgaard – Andersen, Associate Professor/Consultant Senior Surgeon of Orthopaedic, Head at Section for Hip & Knee Replacement, Vejle Hospital South Danish University, Demark, University Hospital of Larissa April 2017

SCIENTIFIC ANNOUNCEMENTS

A. ANNOUNCEMENTS - INTERNATIONAL CONFERENCES

1. “Hip fractures in elderly people. Assessment of morbidity & mortality and evaluation of peri-operative management and one-year follow-up of hrqol and functional recovery”

K. Alexiou, S. Varitimidis, G. Karachalios, A. Dimitriadis, K.N.Malizos

25th CONGRESS OF C.A.O.S.T, Cyprus, 2015

2. “Efficacy of combined sciatic and femoral nerve block for knee arthroscopy: 12 years experience of one single center”

V. Raoulis, N. Doxariotis, K. Karatzios, S. Chliapas, K. Alexiou, M. Hantes

17th ESSKA Congress, Barcelona, Spain, 2016

3. “Clinical and radiological outcomes after arthroscopic rotator cuff repair in patients under 55 years of age: Single versus double row fixation”

V. Raoulis, N. Doxariotis, K. Karatzios, S. Chliapas, K. Alexiou, M. Hantes

17th ESSKA Congress, Barcelona, Spain, 2016

4. “Fulkerson osteotomy combined with medial reefing for patello-femoral instability in young patients: a 5 to 10 year follow-up study”

V. Raoulis, N. Doxariotis, K. Karatzios, S. Chliapas, K. Alexiou, M. Hantes

17th ESSKA Congress, Barcelona, Spain, 2016

5. “1,2 intercompartmental supraretrinacular artery (1,2 ICSRA) vascularized graft used in scaphoid non-union revealed with magnetic resonance angiogram (MRA)”

Ioannis Antoniou, Zoe Dailiana, Kostas Alexiou, Christos Rountas, Vasileios Kontogeorgakos, Konstantinos Malizos, Sokratis Varitimidis

XXIst FESSH Congress, Santander, Spain, 2016

6. “Development of prediction model for 1 year mortality after hip fracture surgery”

K. Alexiou, A. Koutalos, S. Varitimidis, T. Karachalios, K. Malizos

WORLD CONGRESS ON OSTEOPOROSIS, OSTEOARTHRITIS AND MUSCULOSKELETAL DISEASES, LONDON, U.K., 2024

7. “Factors affecting mortality and quality of life 1 year after surgery of fragility hip fractures in Greece during the economic crisis”

K. Alexiou, S. Varitimidis, T. Karachalios, K. Malizos

B. ANNOUNCEMENTS - GREEK CONFERENCES

1. “Latissimus dorsi transfer for treatment of massive irreparable rotator cuff tears: 10 year’s experience”

K. Alexiou, V. Raoulis, A. Drakos, N. Doxariotis, P. Natsaridis, K.N.Malizos

71st HAOST, 2015

2. “Treatment of patellofemoral instability in young patients with Fulkerson osteotomy combined with tucking of medial retinaculum. A study with 5-10 years follow-up”

V. Raoulis, N. Doxariotis, K. Karatzios, S. Chliapas, **K. Alexiou**, M. Hantes

71^H HAOST, 2015

3. “Fractures of 5th metacarpal: mini external osteosynthesis vs mini plate low profile”

K. Alexiou, M. Papanagiotou, Z. Dailiana, D. Agorastakis, S. Varitimidis, K.N.Malizos

71^H HAOST, 2015

4. “Hip Fragility Fractures in elderly, assessment of morbidity & mortality, in Greece of economic crisis”

K. Alexiou, T. Moraitis, S. Varitimidis, G. Karachalios, A. Dimitriadis, K.N.Malizos

72^H HAOST, 2016

5. “Long term follow – up of outerbridge - Kashiwagi technique for the treatment of painful stiffness elbow”

K. Alexiou, V. Amprazis, A. Zibis, D. Morfis, K.N.Malizos, S. Varitimidis

22nd Microsurgery and Hand Conference, 2016

6. “1,2 intercompartmental supraretinacular artery (1,2 ICSRA) vascularized graft used in scaphoid non-union revealed with magnetic resonance angiogram (MRA)”

I Antoniou, Z Dailiana, **K Alexiou**, C Rountas, V Kontogeorgakos, K N Malizos, S Varytimidis

22nd Microsurgery and Hand Conference, 2016

7. “Giant cell tumor of soft tissue”

Z. Dailiana, S. Varytimidis, M. Papanagiotou, **K. Alexiou**, K. Karatzios, KN Malizos

22nd Microsurgery and Hand Conference, 2016

8. “Basic principles of amputation management at the place of incident”

K Alexiou

ROUND TABLE: Treating Injured Limb MODERATOR: Z. DAILIANA

22nd Microsurgery and Hand Conference, 2016

9. “High tibial osteotomy using Tomofix plate. Long terms clinical and radiological results in young patients (less than 40 years old)”

P. Natsaridis, **K. Alexiou**, K. Banios, M. Hantes, KN Malizos

7th Conference of the Hellenic Arthroscopic Society "George Noulis", 2017

10. “Mid-term patient rated clinical scores and radiographic outcomes for surgical reconstruction of multiple ligament knee instability. One center experience”

K. Alexiou, K. Banios, I. Antoniou, G. Komnos, M. Hantes

7th Conference of the Hellenic Arthroscopic Society "George Noulis", 2017

11. “Arthroscopic Bankart repair for anterior - inferior shoulder instability. Follow up 5 to 13 years after surgery. One center experience”

K. Banios, **K. Alexiou**, V. Pegios, A. Fyllos, M. Hantes

7th Conference of the Hellenic Arthroscopic Society "George Noulis", 2017

12. “Perioperative analgesia with a combined femoral – obturator - sciatic nerve block compared with posterior lumbar plexus and sciatic nerve blocks for ACL reconstructive surgery. A randomized study”

M. Bareka, K. Alexiou, K. Tsiaka, M. Hantes

7th Conference of the Hellenic Arthroscopic Society "George Noulis", 2017

13. “Hip Fragility Fractures in elderly the reality in a secondary and tertiary care hospital”

K. Alexiou

Invited Speaker: Perioperative management of the geriatric patient - Current trends

“Anesthesia Days”, Department of Anesthesiology, University Hospital of Larissa, 2017

14. “Mid-term patient rated clinical scores and radiographic outcomes for surgical reconstruction of multiple ligament knee instability. One center experience”

G. Komnos, K. Alexiou, K. Banios, A. Fyllos, M. Hantes

73^H HAOST, 2017

15. “Perioperative analgesia with a combined femoral-obturator-sciatic nerve block compared with posterior lumbar plexus and sciatic nerve blocks for ACL reconstructive surgery. A randomized study”

K. Alexiou, K. Banios, G. Komnos, A. Fyllos, K. Tsiaka, M. Bareka, M. Hantes, K. Malizos

73^H HAOST, 2017

16. “Arthroscopic Bankart repair for anterior - inferior shoulder instability. Follow up 5 to 13 years after surgery. One center experience”

K. Banios, K. Alexiou, G. Komnos, A. Fyllos, M. Hantes

73^H HAOST, 2017

17. “Anatomic study in fresh frozen knees at medial patellofemoral ligament (MPFL): Guidelines for surgical reconstruction”

V. Raoulis, **K. Alexiou**, M. Hantes, K. Banios, D. Arvanitis, A. Zibis

8th Conference of the Greek Arthroscopic Society "George Noulis", 2019

18. "Compartment syndrome as a result of intravenous contrast extravasation"

K. Alexiou, K. Veloni, E. Kouloulas, V. Kontogeorgakos, Z. Dailiana

25th Microsurgery and Hand Conference, 2019

19. "Catastrophic upper limb injuries as a result of intravenous contrast extravasation"

K. Alexiou, K. Veloni, E. Kouloulas, V. Kontogeorgakos, Z. Dailiana

75^H HAOST, 2019

20. "Open fractures of onychophorous phalange through the nail"

D. Vasdeki, N. Karamanis, **K. Alexiou**, K. Veloni, S. Varitimidis, Z. Dailiana

75^H HAOST, 2019

21. "Hip Fragility Fractures in elderly. The reality in Greece under financial crisis"

K. Alexiou, S. Varitimidis, G. Karachalios, A. Dimitriadis, K. N. Malizos

2ND FRAGILITY FRACTURE NETWORK (FFN) CONFERENCE– ONLINE,
2020

22. "Morbidity and mortality of hip fractures in the 1st year in elderly patients, in Greece during the economic crisis"

K. Alexiou, S. Varitimidis, G. Karachalios, A. Dimitriadis, K.N. Malizos

12th Panhellenic Conference of the Hellenic College of General Medicine, 2023

23. "Factors affecting mortality after hip fractures and development of a long-term predictive mortality index"

K. Alexiou, A. Koutalos, S. Varitimidis, G. Karachalios, K.N. Malizos

10th Panhellenic Geriatric Conference in Primary Health Care, 2023

24. “Morbidity and mortality of hip fractures in the 1st postoperative year in elderly patients, in Greece during the economic crisis”

K. Alexiou, A. Dimitriadis, S. Varitimidis, T. Karachalios, K.N.Malizos

79^H HAOST, 2023

25. Multiple recurrences of D-TGCT of the knee combined with sinus histiocytosis in the ipsilateral inguinal & iliac lymph nodes

Stergiadou, Papaxristou, **Alexiou**, Ziogkou, Malizos

80^H HAOST, 2024

26. Development of a predictive model for mortality 1 year after surgical treatment of hip fracture in the elderly

Alexiou K., Koutalos A., Karachalios Th., Malizos K.

80th HAOST, 2024

27. Morbidity and Mortality of Hip Fractures in the 1st post-surgery year in Elderly Patients, in Greece of the Economic Crisis

Alexiou K., Dimitriadis A., Varitimidis S., Karachalios Th., Malizos K.

13th Panhellenic Congress of the Hellenic College of General Practice, 2024

28. Reliability of measurements of morphological characteristics of cervical muscles via musculoskeletal ultrasound in a healthy population

Sidiropoulos G., Kanellopoulos A., Tsekouras M., Strimpakos N., **Alexiou K.**, Dimitriadis Z.

2nd Panhellenic Conference of Physiotherapy Students, Patras, 2025

29. Investigation of intra-rater and inter-rater reliability of plantar fascia thickness assessment using diagnostic ultrasound

Kokona E., Karalegkos S., Hatziavraam N., Vassis K. Sidiropoulos G., **Alexiou K.**, Dimitriadis Z., Poulis I.

2nd Panhellenic Conference of Physiotherapy Students, Patras, 2025

30. The reliability of the test-retest of the assessment of the thickness of the plantar fascia using diagnostic ultrasound

Karalegos S., Kokona E., Hatzivraam N., Vassis K., Alexiou K., Dimitriadis Z., Poulis I.

2nd Panhellenic Conference of Physiotherapy Students, Patras, 2025

31. Reliability of ultrasound findings of the cervical spine during the craniocervical flexion test

Sidiropoulos G., Kanellopoulos A., Tsekouras M., Strimpakos N., Alexiou K., Dimitriadis Z.

2nd Panhellenic Conference of Physiotherapy Students, Patras, 2025

32. Spinal Pain and Medications

K. Alexiou

Invited Speaker: ‘Spinal Pain and Treatment’

Educational Program: Spinal Therapist, Hellenic Scientific Society of Physiotherapy, 2025

BIBLIOGRAPHY

A. ARTICLES IN PEER – REVIEW JOURNALS

1. “Postural stability deficit could predict ankle sprains: a systematic review “

Grassi A., **Alexiou K.**, Amendola A., Moorman C. T., Samuelsson K., Ayeni O., Zaffagnini S., Sell T.

Knee Surg Sports Traumatol Arthrosc. 2018 Oct;26(10):3140-3155. doi: 10.1007/s00167-017-4818-x.

Impact Factor (2023): 3.3

Citations: 56

(Google Scholar)

2. “Quality of life and psychological consequences in elderly patients after a hip fracture: a review”

Alexiou K. I., Roushias A., Varitimidis S. E., Malizos K. N.

Clin Interv Aging. 2018 Jan 24;13:143-150. doi: 10.2147/CIA.S150067.

Impact Factor (2023): 3.5

Citations: 377

(Google Scholar)

3. “Results of Arthroscopic Bankart Repair in Recreational Athletes and Laborers. A Retrospective Study With 5 to 14 Years of Follow-up”

G. Komnos, K. Banios, A. Liantzis, **K. Alexiou**, S. Varitimidis, M. Bareka, M. Hantes

Orthop J Sports Med. 2019 Nov 18;7(11):2325967119881648. doi: 10.1177/2325967119881648.

Impact Factor (2023): 2.8

Citations: 17

(Google Scholar)

4. “Long-term clinical and radiological outcomes after multiligament knee injury using a delayed ligament reconstruction approach: A single-center experience”

Michael Hantes, Apostolos Fyllos, Fotios Papageorgiou, **Konstantinos Alexiou**, Ioannis Antoniou

Knee. 2019 Dec;26(6):1271-1277. doi: 10.1016/j.knee.2019.08.009.

Impact Factor (2023): 4.1

Citations: 20

(Google Scholar)

5. “Upper extremity emergencies during SARS-COV-2 pandemic: Turnout trends”

Apostolos Fyllos, Sokratis Varitimidis, Fotios Papageorgiou, Nikolaos Karamanis, **Konstantinos Alexiou**, Aikaterini Veloni, Konstantinos Malizos, Zoe Dailiana

Injury. 2021 Mar;52(3):387-394. doi: 10.1016/j.injury.2020.11.045.

Impact Factor (2023): 2.2

Citations: 8

(Google Scholar)

6. “Hip fragility fractures in the elderly: the reality in Greece during the recent financial crisis”

Konstantinos Alexiou, Apostolos Fyllos, Sokratis Varitimidis, Konstantinos Malizos

J Musculoskelet Neuronal Interact. 2021 Mar 1;21(1):162-192.

Impact Factor (2023): 1.7.

Citations:

(Google Scholar)

7. “Development of Prediction Model for 1-year Mortality after Hip Fracture Surgery”

Konstantinos Alexiou, Antonios Koutalos, Sokratis Varitimidis, Theofilos Karachalios, Konstantinos N. Malizos

Hip Pelvis. 2024 Jun 1;36(2):135-143. doi: 10.5371/hp.2024.36.2.135.

Impact Factor (2023): 1.1

Citations:

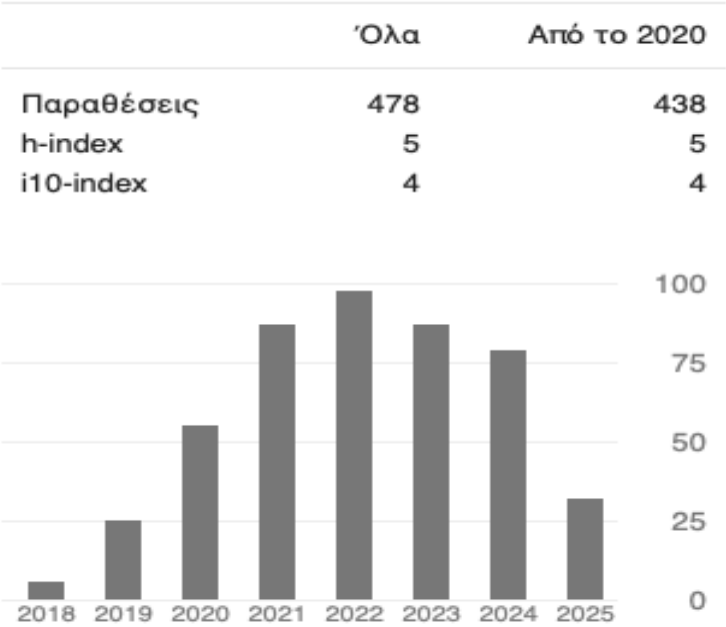
(Google Scholar)

8. “Hand grip strength and diabetic foot ulcers: A mini-review”

Nikolaos Karakousis , Elisavet Pyrgioti , Dimitrios Karagiannakis , Petros Georgakopoulos , **Konstantinos Alexiou** , Nikolaos Papanas

Rom J Diabetes Nutr Metab Dis, doi.org/10.46389/rjd-2024-1693

Impact Factor (2023): 1.25 **Citations:** (Google Scholar)



(Google Scholar)

B. CHAPTERS IN BOOKS

1. “Clinical examination of shoulder”

P Kiorpelidis, **K Alexiou**, M Hantes

In: V Kontogeorgakos, P Papaggelopoulos, “Tendons Surgery in Upper and Lower Extremity” 2016

2. “Brachial plexus palsy in newborns”

Z Dailiana, **K Alexiou**

In: Z Dailiana, S Varitimidis, K N Malizos “ Microsurgery, basic principles, applications and techniques” 2016

Γ. ΜΕΤΑΦΡΑΣΗ ΒΙΒΛΙΩΝ

1. Translation of book: “Rehabilitation in sports injuries” 2023, Chrstopher M. Norris

G Triantafyllopoulos, **K Alexiou**, A Triantafyllou, E Paraskeuopoulos

Editorial of the book: E Kapreli, D Mandalidis, I Kallistratos, M Papandreou, P Malliou, I Terzidis

2. Translation of book: “HUMAN ANATOMY” SIXTH EDITION 2023, by McKinley

Participation: **Alexiou Konstantinos**, published by Konstantaras

ISBN: 978-960-608-116-3

3. Translation of book: “APPLIED PATHOPHYSIOLOGY for the Advanced Practice Nurse”, by Lucie Dlugasch, Lachel Story, 2024

Participation: **Alexiou Konstantinos**, published by Konstantaras

ISBN: 978-960-608-166-8

4. Translation of book: ‘Netter’s Orthopaedics’ by Walter B. Green

2nd Improved Greek Edition, 2025

Chapters Editor: **Alexiou I. Konstantinos**, by Paschalidis

ISBN: 978-9925-576-66-1

CV SUMMARY			
PUBLISHED ARTICLES			
TOTAL: 8	Citations: 478 (Google Scholar)	h-index: 5 (Google Scholar)	i10-index: 4 (Google Scholar)
SCIENTIFIC PUBLICATIONS			
HELLENIC CONFERENCES:: 31		INTERNATIONAL CONFERENCES:: 7	
CONTENT OF PUBLICATIONS			
ORTHOPAEDICS	ORTHOPAEDICS & ANATOMY		ANATOMY
20	14		4
BIBLIOGRAPHY			
WRITING OF BOOK CHAPTERS: 2		TRANSLATION OF BOOK CHAPTERS: 4	
TEACHING EXPERIENCE IN TERTIARY EDUCATION			
Department of Physiotherapy University of Thessaly		Department of Nursing University of Thessaly	
1. ORTHOPAEDICS - TRAUMA		1. CLINICAL ANATOMY	
2. ANATOMY OF MUSCULOSKELETAL SYSTEM		2. PHYSIOLOGY AND PATHOPHYSIOLOGY	
3. DIAGNOSTIC IMAGING			
4. SURGERY			
COURSE EVALUATION BY STUDENTS		“EXCELLENT”	
RESEARCH PROJECT		“CUSTOMIZED HIP ARTHROPLASTY SURFACE IMPLANT (CustomHip)”	
PARTICIPATION IN EDUCATIONAL SEMINARS		43	
PARTICIPATION AS ORGANIZING COMMITTEE OF SCIENTIFIC EVENTS		15	