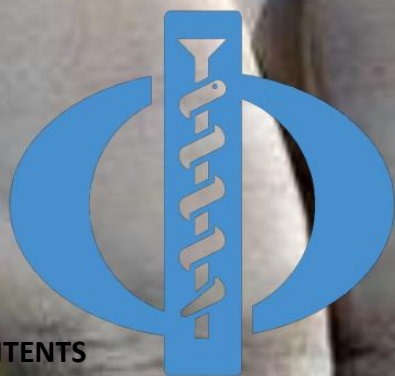




Internal Regulations for the Undergraduate Program



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Πανεπιστήμιο Θεσσαλίας
Τμήμα Φυσικοθεραπείας

**Academic
Year 2024-2025**

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Update

These regulations were updated and approved by the Department's Assembly No. 113/26-7-2023.

Preamble

The Department of Physiotherapy of the School of Health Sciences of the University of Thessaly was created by Law 4589/2019 *"Synergies of the National and Kapodistrian University of Athens, the Agricultural University of Athens, the University of Thessaly with the Technical and Vocational Institutes of Thessaly and Central Greece, the Pallimniak Fund and other provisions"* (Government Gazette 13/A'/29.01.2019). The Department of Physiotherapy of the University of Thessaly is one of the 35 Departments of the University and one of the five Departments of Physiotherapy operating in Greece (University of West Attica - Athens, International University of Greece - Thessaloniki, University of Patras - Aigio, University of the Peloponnese - Sparta). Topographically, the Department has the advantage of being located in the center of the country, in the city of Lamia, resulting in the ability to attract students from all over the Greek Territory. The Department of Physiotherapy of the University of Thessaly is a new Department, however, it has a significant history as it is an evolution of the Department of Physiotherapy that was initially founded at the Technological Educational Institute (TEI) of Lamia in 1994 and continued at the Technological Educational Institute (TEI) of Central Greece. It has a history of over 25 years and the teaching staff has many years of educational and professional experience.

CHAPTER A

Article 1

The Department of Physiotherapy has decided to define the following as its emblem:



Article 2

PURPOSE

The curriculum of the Department of Physiotherapy was approved by decision no. 215/17-5-2019 of the Senate of the University of Thessaly.

The main objective of the curriculum is to train scientists who will treat the science of Physiotherapy, with the aim of preventing, improving and restoring pathological conditions, congenital and acquired, as well as traumatic injuries that cause disorders in the musculoskeletal, muscular, nervous, respiratory and cardiovascular systems. The Department of Physiotherapy has excellent logistical equipment, with modern facilities and infrastructure, three institutionalized research laboratories and is able to provide high-level, qualitative and modernized education to students. Furthermore, the Department of Physiotherapy collaborates, within the framework of the clinical practice of its students, with the General Hospital of Lamia, which is located in the Taratsa area and has 318 developed hospital beds and a large number of T.E.P., M.E.T., M.A.F., coronary disease units as well as clinics such as Orthopedics, Pulmonology, Pediatrics, Obstetrics, Pathology, Psychiatry, Oncology, etc. The Department also collaborates with other bodies such as the KE.F.I.A.P., the Ecclesiastical Nursing Home of Stylista, the KAPI of the Municipality of Lamia and the Special Schools of the city of Lamia.

The aim of the curriculum is to cultivate analytical and critical thinking and to support students for active participation in the learning process and lifelong learning, so that they can work as

autonomous professionals and as members of the health team and can competently carry out therapeutic actions related to the prevention and restoration of the patient's health. In addition, the curriculum aims at the application of modern, evidence-based teaching methods in higher education such as the collaborative problem-solving process (problem based learning) or simulation methods, while the needs of students with disabilities and/or special educational needs can be supported through the "ACCESS" service of the University of Thessaly.

Physiotherapy is an integral part of the broader field of Health Sciences, therefore, an additional goal of the curriculum is interdisciplinarity and the training of students to collaborate with other Health Scientists such as Doctors, Nurses, Occupational Therapists, Speech Therapists, etc. Finally, the curriculum aims at the patient-centered approach as a treatment model and aims to develop not only the clinical skills of students but also their communication skills, so that they are able to respond to new demands and perspectives in the field of health.

Article 3

NATURE OF STUDIES AND PROFESSIONAL PROSPECTS OF GRADUATES

Following the developments in the Science of Physiotherapy, the guidelines of the World Confederation of Physiotherapy (World Physiotherapy) (<https://world.physio/policy/ps-education>) and the European Section of WP (ER-WP) regarding undergraduate Physiotherapy study programs (https://www.erwcpt.eu/education/key_documents_education), the guidelines of the Hellenic Association of Physical Therapy and Rehabilitation (ETHAAE) regarding the certification of undergraduate study programs, as well as the content of study programs of Physiotherapy HEIs in the country and abroad, the curriculum of the Department of Physiotherapy of the University of Thessaly covers the subject of the Science of Physiotherapy, with the aim of:

- strengthening the promotion of knowledge and the development of research in the relevant scientific areas of physiotherapy,

- the creation of high-level physiotherapists based on internationally defined skills as defined by the World Confederation of Physiotherapy and the European Union Directives, for the benefit of society as a whole and public health,
- the acquisition of high scientific training for a research or academic career for Physiotherapists in the competitive conditions that exist in the modern European and global environment.

The mission of the Department of Physiotherapy is to promote, develop and transmit knowledge in the Science of Physiotherapy, with appropriate theoretical teaching, broader laboratory, clinical and practical training and applied research, in order to provide students with the necessary resources that ensure their excellent education for their scientific and professional career and development.

Graduates of the Department acquire the necessary knowledge to be able to adequately carry out a physiotherapy assessment of the patient, to select, organize and safely perform the physiotherapy procedures that are appropriate in each case.

Graduates of the department must possess the required knowledge to use natural means and therapeutic methods and techniques with the aim of restoring, maintaining and promoting the physical and psychological condition of the individual as well as their social status, where deterioration, injury or disease have altered their daily capabilities.

The curriculum has specific **learning outcomes** so that graduates will be able to:

- to offer the appropriate Physiotherapy to patients hospitalized in public or private hospitals or institutions,
- to offer services to the family and community where there is a patient or person with disabilities,
- to play an important role in promoting and educating the health and well-being of the public through educational and advisory services,
- to ergonomically train the patient to control the loads applied to their joints during their daily activities,
- to contribute to the education of health science personnel so that they can adopt the most appropriate attitude at each time to minimize energy consumption,

- provide advice and educate patients on self-care,
- to respect the autonomy of patients and work with absolute confidentiality,
- provide sufficient information about the patients' functional disability so that they can consent to the proposed rehabilitation regimen,
- be knowledgeable about the research process, with absolute respect for the rights of participants, researchers and authors who use their sources,
- to be able to develop research activity aimed at the advancement of the Science of Physiotherapy,
- to be ready to adapt physiotherapy practice to the new conditions of science, as it is being shaped.

3.1 PROFESSIONAL RIGHTS

The title of the department is "Physical Therapy" and the curriculum corresponds to a **recognized scientific field with recognized professional rights** (PD90/1995, Government Gazette 53, vol. A' and article 32 of Law 4999/2022, Government Gazette 225, vol. A')

1. Graduates of the Department are required to issue a certificate of professional practice from the competent services of the locally competent Regions and are subject to the terms, conditions, and any other regulations applicable to the practice of the relevant health profession.
2. Graduates of the Department of Physiotherapy are also registered as regular members of the associations of health professionals that have been established as legal entities under public law (the Panhellenic Association of Physiotherapists, P.S.F.) in accordance with the relevant legislation of the health profession.

The professional rights of graduates of the Department of Physiotherapy are defined by the aforementioned Presidential Decree, which provides that *these graduates bear the professional title "Physical Therapists or Physiotherapists" and are employed, either independently or in collaboration with doctors, after a relevant medical diagnosis, with the prevention, improvement and rehabilitation of pathological conditions, congenital and*

acquired, as well as traumatic injuries that cause disorders in the musculoskeletal, muscular, nervous, respiratory and cardiovascular systems.

They have the right to employment in the public and broader public sectors, in the private sector or as freelancers, and they can establish private Physiotherapy laboratories in accordance with the provisions of the applicable legislation (P.D. 29/87).

Furthermore, according to article 34 of Law 4316/2014, "Graduates of the Department of Physiotherapy of the country's Higher Technological Educational Institutions evaluate, select and perform the acts of a physiotherapist, as provided for in Legislative Decree 411/1972, Presidential Decree 29/1987 and Presidential Decree 90/1995, as in force and contained in cost estimates in the Chapter "Physical Therapies" of Presidential Decree 157/1991, as in force, in accordance with a written diagnosis or opinion of the treating physician, in the places where they work in accordance with the applicable legislation.". Note: With the modern developments in the field of Higher Education in Greece, since 2019 the institution of Higher Technological Educational Institutions (TEI) no longer exists and Physiotherapy education is provided only by University Institutions. Article 32 of Law 4999/2022 (Government Gazette 225A'/7-12-22) regulates this pending matter and the above professional rights of TEI graduates apply accordingly to graduates of the new University Departments.

Finally, the World Health Organization (WHO) defines Physiotherapists as a distinct professional specialty → "Physiotherapists, ISCO code 2264", based on the International Standard Classification of Occupations (ISCO, 2008 revision), while the profession of Physiotherapist belongs to the World Health Professions Alliance (WHPA, 2010) as an independent Health Profession like Doctors, Pharmacists, Dentists and Nurses.

CHAPTER B - ADMINISTRATIVE ORGANIZATION

Article 4

DEPARTMENT MEETING

Issues concerning the organization and operation of the Department and the corresponding Education are examined by the Department Assembly. The temporary Assembly of the Department of Physiotherapy of the School of Health Sciences of the University of Thessaly was established with the Act No. Prot.:2987/19/ΓΠ of the Rector of the University of Thessaly,

in accordance with the provisions of article 22 of Law 4589/2019 (Government Gazette 13/A/29-1-2019), while after the independence of the Department, the Department Assembly was established with the Act No. 3715/20/ΓΠ/18-2-2020 of the Rector of the University of Thessaly in accordance with the relevant provisions of articles 11 and 24 of Law 4485/2017 (Government Gazette 114/A/4-8-2017).

The Department Assembly is composed of:

- a) President of the Department,
- b) Vice President of the Department,
- c) Directors of the Sectors, if there are Sectors in the Department,
- d) Members of the Department's Teaching and Research Staff (T.E.P.), if the total number serving in it does not exceed forty (40),
- e) one (1) representative from each category of members of the Special Educational Staff (SEP), Laboratory Teaching Staff (LDP) and Special Technical Laboratory Staff (ETEP) of the Department, provided that a member of the respective category serves and
- f) student representatives corresponding to fifteen percent (15%) of the total number of members of the Department Assembly of the abovementioned sections a) to d), with a minimum representation of one (1) student per cycle of studies, provided that the Department organizes study programs for all three cycles. The student representatives vote only on issues related to the organization of the study programs and student issues in general. The above representatives are elected, together with their alternates, for an annual term, from among the students, with the right to participate, by general vote from all students of the relevant category of the Department and participate with the right to vote on student matters.

Three (3) representatives, one (1) per category from the members of the Department's E.E.P., E.D.I.P. and E.T.E.P., who are elected, together with their alternates, for an annual term, with the possibility of re-election, from a single ballot per category, by direct, secret and universal vote of all members of the relevant category of Department staff.

Representatives of each category participate, with the right to vote, only if issues concerning the relevant category of personnel are discussed.

According to current legislation (Law 4957/2022), the Department Assembly has the following responsibilities and any others provided for by the provisions of the law, the Organization and the Internal Regulations:

a) outlines the general educational and research policy of the Department and its development path within the framework of the policy of the School and the Foundation,

b) recommends to the Deanship the development plan of the Department, which includes the elements of paragraph 3 of article 27,

c) draws up the Internal Regulations of the Department and submits them for approval to the Senate of the Higher Educational Institution (HEI),

d) compiles the Department's register of academic subjects in accordance with article 144,

e) compiles the register of internal and external electors for the election and development of members of the Teaching and Research Staff (T.E.P.), in accordance with article 145,

f) provides an opinion on the establishment, merger, division, renaming, change of scientific field or abolition of Departments,

g) prepares and submits for approval to the Dean's Office the annual recruitment planning of faculty members in accordance with the educational and research needs of the Department and ranks the subjects to be advertised in descending order of priority,

h) prepares and submits for approval to the Deanship the annual recruitment planning of members of Special Educational Staff (SEP), Laboratory Teaching Staff (LDP) and Special Technical Laboratory Staff (STL) according to the needs of the Department,

i) recommends the change of the subject of study of a faculty member in accordance with article 152, following the opinion of the General Assembly of the Sector to which he belongs,

j) recommends to the Senate the establishment of university laboratories, clinics and museums located in the Department or in Departmental Sectors,

- k) assigns the teaching work to the members of the Department's Faculty, Teaching Staff, Teaching Assistants and Teaching Assistants and the additional teaching and research staff of Chapter K' for the first and second cycle study programs of the Department,
- l) recommends to the Senate the members of the study program committees of paragraph 8 of article 74 and appoints a person responsible for each first-cycle study program, if the Department organizes more than one study program,
- m) recommends the establishment, modification or abolition of first, second and third cycle study programs of the Department, as well as the foreign language study programs of Chapter XI',
- n) prepares the guide for each first-cycle study program and the internal regulations for second- and third-cycle study programs, and submits them for approval to the Senate of the A.E.I.,
- o) approves the list of textbooks distributed for each educational activity of the curriculum,
- p) recommends to the Senate the appointment of a Director of a Department, a university laboratory, a university clinic and a museum, when there are no candidacies,
- q) awards the degrees of the study programs organized by the Department,
- r) recommends to the Senate the award of the title of Emeritus and Honorary Professor and Honorary Doctorate,
- s) approves the inclusion of a faculty member in a part-time employment regime and the granting of scientific leave, unpaid leave and parallel employment at a foreign HEI,
- t) provides an opinion to the Senate on the transfer of members of the Faculty of Education, the Faculty of Education, the Faculty of Education and the Faculty of Education from and to another Department of the same or another HEI in accordance with article 153,
- u) recommends to the Quality Assurance Committee the formation of teams for the internal evaluation of the Department, the individual academic units operating within it and its study programs,

vb) makes recommendations to the Dean's Office regarding the Department's needs for additional teaching staff,

yc) invites and selects the Visiting Professors of article 171,

(k) announces the positions of appointed teachers and establishes committees for their evaluation in accordance with article 173,

(k) assigns postgraduate students to conduct auxiliary teaching work in first-cycle study programs and doctoral candidates to conduct auxiliary teaching work in first- and second-cycle study programs

of the Department,

(k) grants excellence scholarships and merit scholarships to students of the Department's study programs,

(kz) seeks all kinds of funding, donations, financial aid and sponsorships to support the educational, research and general activities of the Department and to upgrade its infrastructure,

ki) makes recommendations to the Deanship regarding the needs of the Department and for the smooth and orderly conduct of the educational and research work of the Department and its individual academic units, as well as for the execution of projects and studies for the maintenance or upgrading of the infrastructure and equipment that have been allocated to the Department,

xx) establishes committees to study or handle specific issues that fall within its competence,

l) grants permission for the exercise of teaching, research, laboratory or clinical and generally scientific work by a member of the Faculty, Research Staff, Research Assistant or Research Assistant of the Department in more than one Sector of the same Department, upon his request and the opinion of the Sector or Department, where the work is to be carried out,

a) decides on the distribution of personnel serving in the Department or in the Department's Sectors,

lv) approves the transfer of a staff member from one Sector to another of the same Department, following a request from the interested party and the opinion of the Sectors,

lg) exercises all powers concerning matters of the members of the Department's Academic Council, Academic Council and Academic Council, unless the power is specifically assigned to another body of the University by virtue of a special provision and

(d) exercises any other responsibility provided for in the internal regulations of the AEI.

2. By decision of the Department's Assembly, the responsibilities of par. 1 may be transferred to the Board for the more effective operation of the Department, except for those in par. a) to m).

Article 5

CHAIRMAN AND VICE-CHAIRMAN OF THE DEPARTMENT

1. In accordance with the current legislation (**Law 4957/2022**), the President of the Department has the following responsibilities and any others provided for by the provisions of the law, the Organization and the Internal Regulations:

a) heads the Department and supervises its proper functioning,

b) participates in the Senate and the Deanery, representing the Department and proposes to the competent bodies of the Higher Educational Institution (HEI) issues related to its needs and operation,

c) convenes the Assembly of the Department, presides over its proceedings, draws up the agenda, appoints a rapporteur for the Assembly's issues if he does not propose the issues himself and ensures the implementation of its decisions,

d) convenes the Board of Directors, draws up the agenda, chairs its proceedings and ensures the implementation of its decisions,

e) informs the Assembly and the Board of Directors of the decisions of the Senate and the Deanship concerning the Department, as well as the general operation of the A.E.I.,

- f) monitors the educational operation of the first-cycle study programs provided by the Department, if no person responsible for the study program has been appointed,
 - g) issues acts of integration of members of the Teaching and Research Staff (T.E.P.) into a part-time employment regime, following a decision of the Assembly,
 - h) grants the permits of article 157 to the faculty members of the Department, for which the President is responsible, following a decision of the Department Assembly,
 - i) approves the transfer of faculty members, if the transfer is carried out for the needs of the Department,
 - j) transmits the opinions, proposals or recommendations of the Department Assembly to the competent bodies of the AEI,
 - k) establishes committees to study or handle specific issues within the Department's competence,
 - l) oversees the maintenance of the Department's scientific publication registers,
 - m) prepares and approves the annual report of the Department's activities, which it submits for approval to the Department's Assembly and transmits to the Dean's Office, the Senate and the Board of Directors of the AEI,
 - n) exercises any other responsibility defined in the internal regulations of the AEI.
2. The Vice-President performs the duties of the President if the President is absent or temporarily unable to act.

Article 6

PERSONS RESPONSIBLE FOR HANDLING SPECIAL ISSUES

In the Department of Physiotherapy, committees are formed to study or handle specific issues within the Department's jurisdiction.

These committees are:

- a) Curriculum Committee
- b) Doctoral Studies Monitoring Committee
- c) Internal Ethics Committee of the Department

- d) Erasmus Coordinator
- e) Clinical Coordinating Committee General Manager of Clinical Courses
- f) OMEA
- g) Internship Committee
- h) Scientific Director of the NSRF
- i) Graduate Thesis Committee
- j) ALUMNI
- k) ACCESS
- m) Library Issues
- vb) Personal Data Protection Issues
- w) Education Office
- kd) Website Manager
- ke) You tube channel
- c) Educational Mentor
- g) Department Academic Advisor

Article 7

SECRETARIAT

The responsibilities of the Secretariat include, among others:

- Processing student registration for each academic semester.
- The issuance, upon request, of certificates of registration in the Department, detailed grades and all kinds of certificates of interested students.
- The issuance and registration of student grades.
- Maintaining student records.
- The collection, processing, and distribution of statistical data on studies.
- The issuance and awarding of degrees.

The Secretariat of the Department of Physiotherapy is located in the School of Health Sciences building in Lamia, on the first floor. The contact numbers are 2231060176, 177 and 179, the contact email is g-physio@uth.gr and the website is www.physio.uth.gr.

CHAPTER C - FACILITIES-INFRASTRUCTURE

Article 8

BUILDING INFRASTRUCTURE

The classrooms, laboratories, the Department Secretariat, Professors' offices and amphitheatres are located in the School of Health Sciences building in Lamia, at the address: 3rd^{km} PEO Lamia-Athens, Postal Code 35100, Lamia (tel.: 22310 60176-7).

Article 9

TEACHING ROOMS AND WORKSHOPS

Modern, functional teaching spaces have been constructed for the educational purposes of the Department. These include seven classrooms equipped with state-of-the-art monitoring equipment, an auditorium, a gymnasium and nine educational laboratories, fully equipped (with computers, anatomical models and other special equipment depending on their use) that can meet the needs of teaching, training and practice.

Article 10

TEACHING STAFF OFFICES

In the building of the Department of Physiotherapy, on the first floor, there are the teaching staff offices, which cover the needs of the teachers.

Article 11

INSTITUTIONAL LABORATORIES

1. Clinical Exercise Physiology and Rehabilitation Laboratory

According to Government Gazette 3923/B/ 25-10-2019, the Research Laboratory of **Clinical Physiology of Exercise and Rehabilitation** was incorporated into the Department of **Physiotherapy**.

The research focus of the laboratory is 1) the study of immediate and chronic adaptations of the various systems of the human body as a result of exercise, 2) the investigation of dysfunction mechanisms and 3) the development of new rehabilitation methods in patients with chronic diseases or pathological conditions such as, for example, cardiorespiratory diseases, diabetes, cancer, osteoporosis, chronic pain, chronic musculoskeletal injuries or

overuse syndromes, arthritis, etc. and in special population groups such as, for example, athletes, the obese, smokers, women with organic problems, etc.

2. Health and Quality of Life Assessment Laboratory

According to Government Gazette 3811/B/15-10-2019, the **Health and Quality of Life Assessment Research Laboratory was incorporated into the Department of Physiotherapy.**

The "Health Assessment and Quality of Life Laboratory" aims to promote research and education in health assessment and quality of life improvement, and more specifically: 1) the research and development of innovative assessment tools, technologies and approaches in all areas of Health Assessment and Quality of Life, and in particular the health assessment of individuals with problems originating from all systems of the human body, 2) the creation and use of systems and electronic services for home self-monitoring of patients with chronic diseases, as well as training of a healthy population in prevention and quality of life improvement, and 3) the investigation of the impact of interculturality on the assessment of health and quality of life.

3. Human Activity and Rehabilitation Laboratory

According to Government Gazette 1592/B/27-4-2020, the **Human Activity and Rehabilitation Research Laboratory was incorporated into the Department of Physiotherapy .**

The "Human Performance and Rehabilitation Laboratory" has as its object a) the evaluation of human activity, of healthy and sick individuals, in terms of its biomechanical and physiological dimension and b) rehabilitation through the application of the means and methods of Physiotherapy.

The Human Activity and Rehabilitation Laboratory includes the following sectors/cells, which develop the relevant research activity and constitute the subject matter it covers, as follows:

A. Human Activity Sector
A.1 Kinematic and kinetic analysis
A.2 Ergometry
A.3 Neuromuscular function
A.4 Functional assessment. Research in the field of human activity includes research related to its cells, in healthy individuals as well as in individuals with dysfunctions, with the aim of promoting knowledge in the prevention, rehabilitation and maximization of human performance in terms of its neuromuscular, musculoskeletal and cardiorespiratory parameters.

B. Rehabilitation - Clinical Physiotherapy Sector. In the field of Clinical Physiotherapy, research activity will include the development and testing of physiotherapeutic interventions using existing means and methods of the specialty, as well as the development of innovative therapeutic approaches and/or tools within the context of Physiotherapy.

Article 12

TELE-LEARNING / COURSE MATERIALS

The Department of Physiotherapy uses e-Class, an Electronic Course Management System, to provide Asynchronous Distance Learning Services (<http://eclass.uth.gr>) as well as the MS Teams platform for modern distance learning when required.

Article 13

NETWORK MANAGEMENT

The library building houses the Network Management Center, which ensures uninterrupted and high-speed connectivity of the Department's users with the internal network as well as with the Greek and international voice and data networks. At the same time, VPN technology is also supported for the students and staff of the Department.

The Network Management Center ensures the continuous upgrading and modernization of its infrastructure, the assimilation of new know-how and the rapid integration of constantly evolving technology into its infrastructure. Its goals include the use of the latest technology in education, research, administration as well as the modernization of computerization.

Article 14

LIBRARY – READING ROOM

In the area where the building of the Department of Physiotherapy is located, a library is located and operates with the aim of meeting the needs of the Academic community in terms of modern scientific information and communication. The purpose of the library is to cover, support, and promote the teaching-educational and research processes which are developed within the framework of the Study Programs of the Departments housed in the area, both at the undergraduate and postgraduate levels.

CHAPTER D - STUDENT CARE

Article 15

PROVISION OF TEXTBOOKS

All students are granted the right to free supply and selection of a number of textbooks, 8 per semester, which they are entitled to for as long as the maximum duration of studies applies (n+4 semesters).

Their declaration is made at the beginning of each semester, through the Electronic Service for Integrated Management of Textbooks and other Aids "Eudoxos", based on each student's course declaration and the distribution of the texts is the responsibility of the Publishing Houses. In the event that the student repeats the course with a new declaration, because he failed in a previous semester, he is not entitled to a text book (Article 80, paragraph 10bb, Law 4009/2011).

Article 16

STUDENT FOOD-STUDENT CARE

According to the provisions of Government Gazette 1965 issue B/18-6-2012, students are provided with free meals based on their individual and family financial situation.

Information about student food and care benefits can be found on the website: <http://www.uth.gr/students/student-welfare>.

Article 17

ACADEMIC IDENTITY

The Academic Identity Card is issued to all active students, undergraduate and postgraduate, through the website <https://submit-academicid.minedu.gov.gr/>. It is valid for as many years as the student status lasts and covers multiple uses, in addition to the Student ID Card (Pass). It has a maximum validity of the maximum duration of studies (n+4 semesters).

It ensures discounts on buses, trains to and from the city of Lamia, museums and artistic events (additional information on the website <http://www.uth.gr/students/student-welfare/academicid>).

Article 18

HEALTH CARE

Uninsured students, according to par. 3 of article 31 of law 4452/2017 (A'17), are entitled to full medical and hospital care in the National Health System (NHS) with coverage of the relevant expenses by the National Health Services Organization (EOPYY), pursuant to article 33 of law 4368/2016 (A'21).

For uninsured students who travel to European Union and EEA countries for educational purposes, a European Health Insurance Card (EHIC) is issued by the Student Welfare Directorate.

Additional information regarding healthcare is provided on the website <http://www.uth.gr/students/student-welfare/perithalpsi>.

Article 19

MOBILITY SCHOLARSHIPS

Students are given the opportunity to carry out part of their studies abroad (from 3 to 12 months), through the European Lifelong Learning Program / Erasmus+. A monthly mobility scholarship is provided, which is determined each year by the National Agency, the State Scholarship Foundation. More information on the website <http://erasmus.uth.gr/index.php/el/>.

Internal student mobility program

According to article 77 of Law 4957/2022 and Ministerial Decision No. 48880/Z1/02-05-2023:

1. The Higher Educational Institutions (HEIs) of Greece organize an internal student mobility program, which includes all first-cycle study programs to which students are admitted through pan-Hellenic examinations.
2. Students who have enrolled in first-cycle study programs of a Department of a HEI (Department of origin) and have not exceeded the minimum attendance limit, as specified in the decision establishing the study program, may submit an application to attend courses or educational activities of a first-cycle study program of a Department of another HEI in the country (Host Department). Mobility may be carried out to similar or non-similar study programs of Departments of other HEIs and the duration of study is one (1) academic semester. During the period of their study in the study program of the host Department,

students have all the rights and obligations of students of the host HEI and are entitled to be evaluated in the courses and educational activities in accordance with the internal regulations of the HEI and the internal regulations of the program.

3. If the curriculum of the receiving Department is similar to the curriculum of the Department of origin, the total number of credit units (European Credit Transfer and Accumulation System - ECTS) corresponding to courses and educational activities in which the student was successfully assessed is compulsorily counted, provided that the student has not already been successfully assessed in the same or corresponding courses or educational activities by the Department of origin. If the curriculum of the receiving Department is not similar to the curriculum of the student's Department of origin, the successful assessment in courses and educational activities of the academic semester for which the application for attendance was submitted may be taken into account for the award of the degree and the total number of credit units (ECTS) that they yield by decision of the Assembly of the Department of origin may be counted, until the percentage of par. 4 of article 66 is completed.

4. By decision of the Assembly of the Department of origin, upon request of the student, the counting of credit units for the award of a degree is approved or rejected, which either concern courses or educational activities of a similar study program for which the student has already been evaluated at the University of origin or exceed the percentage of par. 4 of article 66, of Law 4777, issue A' 141, 21.07.2022. The courses and educational activities for which the student has been successfully evaluated within the framework of the mobility program and are not counted towards obtaining a degree, as well as the number of their credit units, are mandatorily listed in the appendix to the degree.

5. The right to mobility may be exercised once (1) until the completion of the first cycle study program and the award of the degree by the home university.

6. Students who are admitted to first-cycle study programs after qualifying exams may request exemption from the obligation to attend and successfully evaluate courses or educational activities of the study program in which they were successfully evaluated within the framework of the internal mobility program, regardless of whether they were counted towards the degree. By decision of the Department Assembly, upon request of the student, the courses and educational activities of the study program from which they are exempted from the obligation to attend and successfully evaluate are determined.

7. For each first-cycle study program, the maximum number of students admitted to the internal mobility program per academic semester is set at ten percent (10%) of the total number of admissions, as applicable each academic year. The maximum number herein may be changed by decision of the Minister of Education and Religious Affairs.

By decision of the Senate of the University of Thessaly, following a recommendation from the Assembly of the Department of Physiotherapy, the Department's Undergraduate Studies Program is included in one of the categories of article 4 of Ministerial Decision No. 48880/Z1/02-05-2023. The above decision is issued no later than May 31^{of} each year.

Article 20

STUDENTS – PEOPLE WITH SPECIAL NEEDS

In the context of caring for students with special educational needs and in order for their attendance at the University to be effective, special facilities are provided both during the period of studies (secretarial and advisory support) and during the examination period ([special examination methods](#)). [For this purpose , students belonging to this category may contact the President](#) of the Department or the Department Secretariat by submitting the relevant supporting documents. More information on the [website http : // prosvasi.uth.gr/](http://prosvasi.uth.gr/)

Article 21

STUDENT/Senior Counseling Service

The Student Counseling Service of the Laboratory of Psychology and Applications in Education enables students of the University of Thessaly, if they so wish, to receive psychological support and assistance for their personal difficulties and concerns, as well as to be trained in acquiring skills to manage [and solve problems they may encounter . Information : \(http://www.uth.gr/students/symvouleitiki \)](#) .

CHAPTER E

Article 22

ORGANIZATION OF STUDIES

The academic year begins on September 1st of each year and ends on August 31st of the following year. Each academic year is divided into two teaching periods - semesters: winter and spring. The exact start and end dates of the semesters are determined each year by the Senate of the University of Thessaly between September and January for the winter semester and between February and May for the spring semester.

The exams are held in three periods: January/February for winter semester courses, June for spring semester courses, and the supplementary exam period for courses of both semesters in September of each academic year.

First-cycle students who have completed the period of regular study (8 semesters), which is equal to the minimum number of academic semesters necessary for the award of the degree, are entitled to be examined during the examination period of each academic semester (Interim Examination).

The minimum duration of undergraduate studies at the Department is eight (8) semesters.

Article 23

ATTENDANCE OF COURSES

The education of the Department's students is provided through lectures, tutorials, laboratory exercises, seminars and assignments that are assigned to them with the aim of practicing the material taught.

The undergraduate program in Physiotherapy consists of core courses, which are mandatory, and elective courses. Of the elective courses, the student must attend a specific number, both during the winter and spring semesters.

The workload of each course is expressed in European Credit Units (ECTS). The semester workload of a student is the sum of the Credit Units (ECTS) of the courses in which he/she is registered in each particular semester. The structure of the Undergraduate Studies Program includes educational activities corresponding to sixty (60) credit units (ECTS) per academic year. and proportionally each academic semester corresponds to a workload equal to thirty 30 ECTS, in accordance with article 75 par. 1 and 2 of Law 4957/2022

The maximum number of courses for which each student may request evaluation per academic semester is set at $n+4$ (where n =courses of the semester, $+4$ courses = courses from previous semesters that are requested to have been declared in the electronic secretariat)

For each course in the curriculum, the year of study to which it normally corresponds, its load in teaching units, whether it is a core or elective course, as well as the prerequisite courses that the student must have passed in order to be able to register for and attend it (chains) is given below.

Lecture Confidentiality

According to Law 4619/2019 (Ratification of the Criminal Code), and specifically article 370A (Violation of the confidentiality of oral conversation, par. 2 and 3), any recording/audio recording/videography of lectures/conversations/presentations, theoretical or laboratory/clinical courses, all or part of them, without the written consent of the instructor, incurs criminal liability as an illegal act.

It is also noted that the recording/videography of lessons constitutes a potential marketing of the product with corresponding criminal consequences.

In any case of rumor or complaint of incidents of recording/videography of the content of the course of theoretical lectures and/or laboratory courses, without the written consent of the instructor, the members of the Assembly, protecting their intellectual rights, academic freedom and free public education which makes it a priority for teachers to provide their knowledge to the students of the Hellenic Public University, will proceed with the procedures provided for by law.

Article 24

CONDUCT OF EXAMS

Course exams are given by the instructor (or instructors) at the end of the semester on a specified subject. In case of failure, the student has the option of a supplementary exam in September. If the supplementary exam is also failed, the student will have to re-enroll in the course and attend it in the following academic year.

- There are three examination periods: a) January, for the winter semester courses. b) June, for the spring semester courses and c) September (repetitive) for the two-semester

courses. First-cycle students who have completed the period of regular study (8 semesters) which is equal to the minimum number of academic semesters necessary for the award of the degree, are entitled to be examined during the examination period of each academic semester (Interim Examination).

- The examination schedule for each semester is announced before the end of the semester. The schedule for the September term is announced at the latest at the end of June or the beginning of July.
- The Supervisor, who, together with the Supervisors, is appointed by the Department Assembly, is responsible for conducting the examinations.
- Only students of the undergraduate studies program who have included the corresponding course in the course declaration submitted to the Department Secretariat are entitled to participate in the exams.
- The student, when attending the exams, must bring with him his student or at least his police ID card (for identity verification). The use of mobile phones or other electronic media is prohibited during the exams and it is understood that he leaves his books and notes where indicated. Finally, it is mandatory to complete the student's details (name, student ID, signature) before leaving the exam room.
- The invigilator ensures the preservation of the prestige, reliability and integrity of the exams by properly distributing the students so that no one is allowed visual access to the other's written work.
- No student is allowed to leave the room where the exams are being held before twenty (20) minutes have passed since their start.
- After the presentation or presentation of the topics, no other students are allowed to enter the room and the necessary clarifications are given by the course instructor. To the extent that further clarifications are required, these should be made public. Clarifications are not allowed after the first students have left the room.
- When handing over the written test, the invigilator checks the identity of the examinees.
- In the event of copying, the invigilator informs the Supervisor, initials the slip and expels the student from the room.

- To ensure the reliability of the exams, the last examinee is not allowed to be left alone and the penultimate examinee is asked to remain in the room until the last examinee has handed in their paper.
- After the examination, the invigilators check whether the number of written tests matches the number of examinees and, in case of discrepancy, draw up a relevant protocol.
- Course grades must be submitted to the Secretariat as soon as possible and in any case no later than five working days from the end of the course examination.
- The student has the right to be informed by the instructor about the method of grading his/her written work, regardless of the type of examination.
- Changes after the grade has been submitted are only permitted after a written justification from the instructor.
- The written materials are kept under the responsibility of the instructor for a period of one (1) academic year. After that, they may be destroyed.
- Students who wish to see their written work to identify their errors are advised to visit the instructor's office during designated office hours within a reasonable period of time after submitting their grades.

Article 25

RATING SCALE

Student performance in courses is graded on a scale of 0-10, with 10 being excellent and 5 being the minimum passing grade. Grades are given in half-point increments. The grading scale is (Government Gazette 596/28-09-1981, issue B):

8.5 – 10: "Excellent"

7 – 8.49: "Very Good"

6 – 6.99: "Good"

5 – 5.99: "Sufficiently"

0 – 4.99: "Unsuccessful"

To successfully complete a course, the score must be at least 5.0 in both the theoretical and laboratory parts of the course.

Article 26

PLAGIARISM

Any form of plagiarism, at any level of education, is contrary to the regulations and code of the Ethics and Conduct Committee of the University of Thessaly: https://www.uth.gr/sites/default/files/documents/2020/2020-9-11-GP-EGKRISI-KANONISMOU_2030830429.pdf. The University of Thessaly has established mechanisms to prevent plagiarism: <http://www.lib.uth.gr/lws/el/is/preventplagiarism.asp>.

Article 27

LABORATORY MONITORING

Course laboratories are mandatory for all students of the Department. The right to absences amounts to 20% of the laboratory courses taken.

Article 28

COURSE RATING

Examination by a Three-Member Committee

There is no re-grading of courses. In the event that a student fails more than three (3) times in the same course (at least four failures), he/she may request, by application to the President of the Department, to be evaluated by a three-member committee, which consists of teaching staff from the same or another Department of the University with a subject area identical to or related to that of the course to be examined, in which the instructor of the course may not participate. If the President of the Department does not appoint the members of the committee of the first paragraph within one (1) month from the submission of the application, the student may request their appointment from the Dean of the School, and if it is a Single-Department School, from the Rector of the Institution. If a committee is not appointed by any of the competent bodies within sixty (60) days of submitting the request, the student submits his application to the Ministry of Education and Religious Affairs, which checks the Rector for non-implementation of the request.

The evaluation by the three-member committee of this takes place at any time during the academic year.

The method of evaluating the student is decided by the Three-Member Examination Committee.

In case of failure during the evaluation by the Three-member Committee, the student returns to the examination regime that applies to the other students. If there are at least four unsuccessful examination attempts in the same course, he has the right to be evaluated, upon his request, again by a Three-member Committee. The student's failure to attend the scheduled examination for important reasons that are sufficiently proven, will not be considered as a failed examination and a new examination date will be set.

Welfare measures for the evaluation of sick students

In the event that a student has been proven, with a relevant opinion from a public body, to have fallen ill or is recovering from a serious illness during the examination period, the instructor must examine him/her on another scheduled date, as soon as the reason for the student's inability to participate in the exams has disappeared.

Article 29

COURSE REPLACEMENTS

Lectures that are not held due to Assemblies or other reasons must be made up. The instructor arranges the making up of the course after consultation with the students. If, for any reason, the hours corresponding to the required minimum weeks of teaching in a course are not completed, the course is considered not taught and is repeated, in the following semester and in addition to the number of courses specified in the study guide, following a decision of the Assembly (provided that the corresponding faculty members are present).

Article 30

ADMISSION-STUDIES-GRADES-DURATION OF STUDIES

1. The number of students admitted to the Department per year and the method of admission are determined according to the provisions in force at each time regarding the admission of students to Universities.
2. The Department awards degrees up to and including a doctoral degree.
3. The minimum mandatory duration of study for obtaining an undergraduate degree is set at eight (8) semesters of study, while the maximum duration of study is defined each time by the applicable provisions.

Article 31

SUSPENSION OF STUDIES

Students have the right to interrupt, by application to the Assembly of the Department of Physiotherapy (through the Department Secretariat), their studies for as many semesters as are permitted by the applicable provisions. These semesters do not count towards the above maximum duration of study. Students who interrupt their studies in accordance with the above do not retain student status throughout the period of interruption of their studies. After the end of the interruption, students return and rejoin the Department.

Article 32

DELETION

The student has the right to be removed from the Department upon written request to the Secretariat. The necessary forms for removal are the following:

- Deletion application form (available on the Department's website)
- Certificate from the Library that there is no outstanding debt.
- Passport, Academic Identity Card and Health Booklet (whichever of these were issued) are returned to the Secretariat.

Article 33

COURSE RECOGNITIONS

A student who wishes to have courses he has taken **in the department of origin recognized** (which gives him the right to register in the Department of Physiotherapy), submits the following to the Department Assembly: a. An application that must state the titles of the courses of the Department of origin (not postgraduate) that he wishes to be exempted from and which must correspond to specific courses of the Department of Physiotherapy, b. A validated study guide of the Department of origin, which will include the learning objectives and contents of the courses for which he is requesting exemption with the corresponding teaching hours, workload and credit units (ECTS), c. A validated detailed course grade of the Department of origin.

The Department Assembly appoints a person responsible for examining the application for course recognition and making recommendations on the coverage of the course content and the assignment of workload and credit units (ECTS). The final decision on the request for recognition rests with the Department Assembly.

Courses taken by the student during his/her studies within the framework of the **Erasmus program** are recognized based on the decisions of the Department Assembly. The grades of the courses achieved by the student abroad are matched with the Greek grading system.

Article 34

QUALIFICATION EXAMS

The qualifying examinations in the Department of Physiotherapy are conducted in accordance with ministerial decision no. Φ.1/192329/B3 (Government Gazette: 3185-issue B'/16-12-2013) as applicable at each time.

1. The application and supporting documents of graduates who wish to enroll in the Department are submitted to the Department Secretariat from November 1 to 15 of each academic year. The placement exams are held from December 1 to 20 of each academic year. The course examination schedule is announced to the Secretariat and on the Department's website at least ten (10) days before the start of the first course examined. The results of the exams are posted by the Placement Committee on the Department's website.

2. The supporting documents are the following:

a) Request from the interested party

b) Copy of degree or certificate of completion of studies. In the case of foreign graduates, a certificate of equivalence of their degree must be submitted from the Interdisciplinary Organization for the Recognition of Academic and Information Titles (DOATAP) or from a body that has the authority to recognize the degree.

c). Copy of the police ID.

Article 35

COURSE EVALUATION

To ensure the quality of the educational work provided, an important tool is the electronic evaluation of courses by students.

The electronic evaluation of courses takes place twice a year, before the end of the winter and spring semesters respectively, in a period determined by the Department Assembly and in accordance with the instructions of the Institution's MODIP.

Participation in the electronic evaluation is done through the Quality Management System of the Department of Education of the University of Thessaloniki. The student enters the system through a browser by entering the address corresponding to the Department and the questionnaire of the course scheduled for evaluation of the current semester is displayed.

Completing the questionnaire is simple as upon entering the system, the form for evaluating the course and the instructor appears.

The questionnaire is divided into 5 sections: - In the first section, the course is evaluated (14 questions) - In the second section, whether written and/or oral assignments were assigned in the course (7 questions) - In the third section, the teaching staff is evaluated (7 questions) - In the fourth section, the student's participation in the educational activity is stated (5 questions) - In the fifth section, the possibility of recording observations and comments is given. A graduated scale is used to answer the questions [0 (Don't know/No answer), 1 (Strongly disagree), 2 (Disagree), 3 (So and So), 4 (Agree) and 5 (Strongly agree)]. In this way, the positive, neutral or negative attitude of the student to each question is quantified.

The process is simple and quick, and the anonymity of responses is ensured in every case. No member of the teaching or administrative staff is aware of which students participated, and no one can identify the answers given.

The expressed opinion and comments of the students constitute an important tool for the improvement of the work being carried out and are taken seriously into account by the lecturers when planning the course for the next semester. In this way, the maintenance of the high level of quality of the studies is ensured.

Article 36

THE INSTITUTION OF THE ACADEMIC ADVISOR

A faculty member is assigned as an academic advisor for each student upon enrollment in the Department. The role of the Academic Advisor is to support the student of the Department in all matters concerning his/her academic activity. The aim of the institution is to guide the student to complete his/her studies and obtain the degree by using in the best possible way the available resources of the Department and the University. The collaboration between the student and the Academic Advisor takes place on the premises of the University on a personal basis and focuses indicatively on the following topics:

- Determining academic goals
- Determining professional goals
- Choosing a field of study and choosing courses
- Academic progress monitoring
- Availability and use of academic resources
- Clarification of academic and university regulations

Article 37

STUDENT DISCIPLINARY CONTROL

1. The President of the Department shall ex officio review student violations or upon reports from teachers or third parties. The first-instance disciplinary body for undergraduate and postgraduate students is the President of the Department, the second-instance disciplinary body is the Rector or the Vice-Rector responsible for each case.

2. The disciplinary body for undergraduate and postgraduate students provided for in this regulation may impose one of the following penalties on the student:

- Reprimand.
- Deprivation of participation in the exams of one or more courses.
- Deprivation of participation in one or more examination periods.
- Expulsion from the Institution for one month to two semesters and in exceptional cases permanent expulsion imposed by the competent body in accordance with applicable legislation.

3. A student who has been subject to disciplinary punishment other than a reprimand may file an application for annulment with the administrative court of appeal of the place where the A.E.I. is located.

CHAPTER FIVE

Article 38

MANDATORY COURSES-ELECTIVE COURSES-ECTS

The undergraduate program in Physiotherapy consists of core courses, which are mandatory, and elective courses. Of the elective courses, the student must attend a specific number, both during the winter and spring semesters.

The workload of each course is expressed in European Credit Units (ECTS). The semester workload of a student is the sum of the Credit Units (ECTS) of the courses in which he/she is registered in the specific semester. The structure of the Undergraduate Studies Program includes educational activities corresponding to sixty (60) credit units (ECTS) in each academic year and proportionally each academic semester corresponds to a workload equal to thirty (30) ECTS.

Article 39

STUDY PROGRAM

The general description of the curriculum is as follows:

1. Semesters	Eight (8)
2. Lessons	Forty (46) or forty-seven (47)
<i>General Background Courses (GBC)</i>	Nine (9)
<i>Special Background Courses (SBC)</i>	Eight (8)
<i>Specialty Courses (ME)</i>	Twenty-three (23)

<i>Elective Courses for Bachelor's Degree (MEP)</i>	Six (6) or Seven (7)
3. Teaching (credit) Units	
<i>Total ECTS</i>	Two hundred and forty (240)
<i>ECTS/semester</i>	Thirty (30)
4. Teaching Hours (TH)	
<i>Total OD</i>	Two hundred thirty-four (234)
<i>OD/Semester</i>	Twenty-two to thirty-two (22 - 32)
5. Workload (in hours)	
<i>FE/week</i>	Fifty to Fifty-Seven (50 - 57)

Article 40

PRACTICAL EXERCISE

The Practical Training (PT) is a mandatory specialty course, which is part of the 8th semester of studies of the Study Program of the Department of Physiotherapy of the University of Thessaly, and its completion is a necessary condition for the completion of studies in Physiotherapy and obtaining the degree. A prerequisite for the completion of the PT is the successful completion of all other specialty courses of the Study Program. It is supervised by the student's Academic Advisor.

The internship is carried out in public and private sector positions, following relevant planning and design by the Department's Internship Committee. It is paid, four-month duration (40 hours/week) and with continuous validity (not interrupted). The employing institution is required to have a Graduate Physiotherapist, designated as Supervisor (by the institution) for the students' PA throughout the duration of the internship.

Article 41

CURRICULUM REVISION

The revision of the Curriculum of the Department of Physiotherapy is carried out based on the findings of the external and annual internal evaluation and in accordance with the procedure provided for by the internal regulations of the University of Thessaly, or if none exist, in accordance with applicable legislation.

Article 42

REQUIREMENTS FOR OBTAINING A DEGREE

The requirements for obtaining a degree are as follows:

1. Enroll in the Department and attend courses for at least eight (8) semesters.
2. Completion of at least two hundred and forty (240) ECTS in total.

Article 43

DEGREE

As of 01-01-2021, the degree grade is calculated by all Departments and Study Programs of the University of Thessaly as the average of the grades of all courses required to complete the studies, after taking into account the weighting factor of each course. The weighting factor is defined by the credit units (ECTS) that each course has.

In other words, to calculate the grade of the degree, the grade of each course is multiplied by the corresponding number of credit units (ECTS) of the course and the total sum of the individual products is divided by the total number of credit units (ECTS) required to obtain the degree, as illustrated in the equation below:

Degree grade = (Grade of course 1 X ECTS of course 1 + Grade of course 2 X ECTS of course 2 ± . . . ± Grade of work X ECTS of work) / Total number of ECTS.

Article 44

DIPLOMA SUPPLEMENT

The Department of Physiotherapy issues its graduating students with a Diploma Supplement in Greek and English. The Diploma Supplement follows the model developed by the European Commission, the Council of Europe and UNESCO/CEPES. The aim of the supplement is to provide sufficient independent evidence to improve international "transparency" and the fair academic and professional recognition of academic qualifications (diplomas, degrees, certificates, etc.). It is designed to describe the nature, level, background, content and status of the studies successfully completed by the person named on the original title to which this supplement is attached.

CHAPTER G'

Article 45

POSTGRADUATE STUDIES

The Department offers Postgraduate Studies Programs (PMS), namely "Advanced Physiotherapy". Its Regulation has been published in the Government Gazette 1946/21-05-2020, vol. B', amended by Government Gazette 2560/16-06-2021, vol. B, and is posted on the Graduate website <https://bit.ly/322UBT6>.

Article 46

DOCTORAL STUDIES

The regulations for the preparation of a Doctoral Thesis have been published in the Government Gazette 3126/06-08-2019, issue B ', and are posted on the Department's website: <https://bit.ly/3p9pLkn>.

Article 47

POSTDOCTORAL RESEARCH

The Department follows the Postdoctoral Research Regulation of the University of Thessaly, which is posted on the University's website <https://ww.uth.gr/ereyna/periballon/metadidaktoriki-ereyna>.

Article 48

INTERNATIONAL COLLABORATIONS

The Department's international collaborations are announced on its website, as well as on the websites of its institutional laboratories and faculty members.

Article 49

SUPERVISION OF COMPLIANCE WITH THE REGULATION

The supervision of the implementation of this regulation is the responsibility of the President of the Department and its compliance concerns all members of the Department.

Article 50

AMENDMENT OF THIS REGULATION

A change to the provisions of this regulation may be made, following a written proposal by the President, at the Department Assembly.

Article 51

PERSONAL DATA PROTECTION

The Department of Physiotherapy of the University of Thessaly complies with the applicable provisions for the lawful and secure processing of your personal data, which is carried out with respect for the basic principles of personal data protection, imposed by Regulation (EU) 2016/679 of the European Parliament and of the Council of 27 April 2016 on the protection of natural persons with regard to the processing of personal data and on the free movement of such data (General Data Protection Regulation – GDPR), namely the lawfulness, objectivity and transparency of the processing, the limitation of the purpose of the processing, the minimization of the data, their accuracy, the limitation of the storage period, the integrity and confidentiality and, finally, accountability. <https://physio.uth.gr/pros-dedomena/>