



**Dr Aristidis Vasilopoulos**  
**Associate Professor of Primary health Care**  
**Department of Physiotherapy**  
**University of Thessaly**

### Personal Informations

**First Name:** Aristidis

**Family Name:** Vasilopoulos

**E-mail:** vasilopoulosa@uth.gr

**Work Address:** 3<sup>rd</sup> KLM Old Road Lamia- Athens – Lamia- PC 35100

**Telephone(Office):** +0302231060208

### Education

**2014:** Doctor of Philosophy (PhD), University of Thessaly - Department of Medicine (Grade Excellent)

**2009:** Postgraduate Diploma: "Primary Health Care" University of Thessaly - Department of Medicine (Grade Excellent)

**2005:** Degree in Nursing - Technological Educational Institute of Lamia - School of Health and Welfare Professions - Department of Nursing (Very Good)

**2001:** General High School diploma

### Foreign Languages

English: Level **B2**

Italy: Level **S1**

## Work Experience

**2/10/2024 until today:** Associate Professor, University of Thessaly, Department of Physiotherapy, No Decision 3123 /Ty/ 2-10-2024

**1/12/2020 to 1/10/24:** Assistant Professor, University of Thessaly, Department of Physiotherapy, No Decision 1924 /Ty/ 27-11-2020

**1/7/2019 to 30/11/2020:** Assistant Professor, University of Thessaly, Undergraduate Nursing Studies Program, No Decision 537/Ty/10-4-2019

**5/3/08 to 30/6/2019:** Nurse - National Public Health Organization

**08/11/2005 to 08/08/2006:** 9-month term in the Army Health Corps

## Teaching Experience

### Teaching in Undergraduate Courses – Level 6

#### Academic year

**[2006-2007]**

Laboratory collaborator Technological Education Institute (TEI) at Larissa, Department of Nursing

**[2006-2010]**

Laboratory collaborator TEI at Lamia, Department of Nursing

**[2010-2016]**

Laboratory collaborator TEI at Central Greece, Department of Nursing

**[2017-2019]**

Laboratory collaborator with Lecture qualifications TEI at Central Greece, Department of Nursing

**[2019-2021]**

Academic Teaching Staff at Nursing Program Studies, University of Thessaly

**[2021- today]**

Academic Teaching Staff at Physiotherapy Department, University of Thessaly

### Teaching in Postgraduate Courses – Level 7

#### Academic year

**[2013-2016]**

University of Thessaly - Department of Medicine. Postgraduate Program (MSc) Primary Health Care. Primary Health Care Course. Program Manager: Dr. Gourgoulianis Konstantinos.

**[2017-2019]**

Greek Open University. Collaborating Teaching Staff (SEP) in the Postgraduate Studies program (P.M.S.), Administration of Health Units. Program Manager: Dr. Anagnostopoulos Fotios

**[2020-2021]**

University of Thessaly. (P.M.S.) Advanced Physiotherapy. Unit Basic Principles of LPC: Structural vs Functional Approach of the course Rehabilitation of Functional Pathology. Program Director Dr. Kapreli Eleni

**[2021-2024]**

University of Thessaly. (P.M.S.) Advanced Physiotherapy. Presentation of research results of the course Research Methodology. Program Director Dr. Kapreli Eleni

**[2023- 2024]**

University of Thessaly – Department of Medicine. Postgraduate Program (P.M.S.) Primary Health Care. Course Primary Health Care. Program Director: Dr. Sotirios Zarogiannis

**Teaching in Vocational Training Institutes (VTI) – Level 5**

**School year**

**[2015-2016]**

VTI of Lamia - Course First Aid (Laboratory), Hygiene Elements (Theory)

**[2016-2017]**

VTI of Lamia - Nursing Course II (Theory, Laboratory)

**[2017-2018]**

VTI of Lamia - Nursing Course III, IV (Laboratory)

**Other forms of teaching**

**[October 2017 - Today]**

Basic Life Support Instructor certified by the European Rehabilitation Council - Hellenic Society of Emergency Prehospital Care (30 hours)

**[December 2017 - June 2019]**

National Emergency Center - Lamia. Citizen educator in matters of first aid within the framework of the "5th Panhellenic Week of Education and Prevention (5 hours)

National Emergency Center Lamia. Citizen Instructor in matters of First Aid to the students of the 6th High School of Lamia (5 hours)

National Emergency Center Lamia. Citizen Instructor on First Aid at the Association of Parents and Guardians of Persons with Disabilities (5 hours)

National Emergency Center Lamia. Citizen Instructor on First Aid in the Association of Parents and Guardians of Persons with Disabilities (5 hours)

National Emergency Center Lamia. Citizen educator in matters of First Aid within the framework of the

National Emergency Center Lamia. Citizen Instructor on First Aid to Music School Students (5 hours)

National Emergency Center Lamia. Citizen Trainer in First Aid at 695 Military Base (5 hours)

National Emergency Center Lamia. Citizen Instructor in matters of First Aid to the employees of the Lamia Forest Service (5 hours)

National Emergency Center Lamia. Citizen Instructor in matters of First Aid to Physiotherapists of the Panhellenic Association of Physiotherapists (5 hours)

National Emergency Center Lamia. Citizen Instructor in matters of First Aid to the students of the Vocational High School of Amfissa (5 hours)"6th" Panhellenic Week of Education and Prevention (10 hours)

## Research Projects

**2005:** Undergraduate research paper on "Low Back Pain in nursing staff."

**2006:** Participation in the research program on "First Aid." of TEI of Athens.

**2009:** Postgraduate research paper on "Knowledge and attitudes of ATEI Nursing students regarding pulmonary tuberculosis".

**2013:** Doctoral research paper on "Determinants of the impact of juvenile smoking in Greece ... smokeless young healthy adults.

## Publishes

Original Foreign Publications					
1.	2006	Z. Roupa, P. Sotiropoulou, E. Kotrotsiou, A. Vasilopoulos, E. Mylona, M. Noula, A. Papaioannou, C. Marvaki	Exploring the problem of low back pain in relation to nurse level education	ICUS Nurs WEB J, issue 28,Oct-Dec, 2006	Cinahl™, Cinahl full text™, Cinahl+™, Cinahl+ full text™, TOC Premier™, Current abstracts™ (EBSCO), Sciverse Scopus™ (Elsevier), EMcare™ (Elsevier), Scimago Lab™ Ulrich's Periodicals Directory™, ProQuest Nursing & Allied Health Source™ (Proquest), The NHS Knowledge Network (Scotland),
2.	2006	Y. Dimoula, C.Marvaki, M.Siohou, V. Bournakis, A. Vasilopoulos, A. Kalogianni, A. Hasioti	Citizens informing for primary health care services in Greece.	ICUS Nurs WEB J, issue 28,Oct-Dec, 2006	Cinahl™, Cinahl full text™, Cinahl+™, Cinahl+ full text™, TOC Premier™, Current abstracts™ (EBSCO), Sciverse Scopus™ (Elsevier), EMcare™ (Elsevier), Scimago Lab™ Ulrich's Periodicals Directory™, ProQuest Nursing & Allied Health Source™ (Proquest),
3.	2008	Z. Roupa, A. Vasilopoulos, P. Sotiropoulou, E. Makrinika, M. Noula, E. Faros, Ch. Marvaki.	The problem of low back pain in nursing staff and its affect on human activity.	Health Science Journal 2008;2(4): 219-25.  IF 2.63	Cinahl™, Cinahl full text™, Cinahl+™, Cinahl+ full text™, TOC Premier™, Current abstracts™ (EBSCO), Sciverse Scopus™ (Elsevier), EMcare™ (Elsevier), Scimago Lab™ Ulrich's Periodicals Directory™, ProQuest Nursing & Allied Health Source™ (Proquest),
4.	2012	Z. Roupa, D. Zikos, A. Vasilopoulos, M. Diomidous	Common health risks, required precautions of travelers and their customs towards the use of travel medicine services.	MatSocMed 2012; 24(2): 131-134  IF 0.86	PubMed, PubMed Central, EBSCO, DOAJ, Index Copernicus, Ulrich's Periodicals Directory, Geneva Foundation for Medical Education and Research – GFMER, HINARI, ProQuest, NewJour, ISC Master Journals List, CrossRef, Google Scholar, GenamicsJournalSeek, WorldCat, NLM Catalog, VINITI of RAS, Catalyst, SafetyLit, EastView, GESDAV.
5.		A. Vasilopoulos, K. Gourgoulianis, C. Hatzoglou, Z. Roupa.	Juvenile (age 12 – 18) Smoking Incidence Determinants in Greece.	<a href="#">Int J NursPract.</a> 2014 Mar 13. doi: 10.1111/ijn.12233  IF 3.7	Academic Search (EBSCO Publishing) ,Academic Search Alumni Edition (EBSCO Publishing) ,Academic Search Elite (EBSCO Publishing) ,Academic Search Premier (EBSCO Publishing) ,ASSIA: Applied Social Sciences Index & Abstracts (ProQuest) ,BNI: British Nursing Index (ProQuest) ,CINAHL: Cumulative Index to Nursing & Allied Health Literature (EBSCO Publishing),CSA Current Contents: Clinical Medicine (Thomson Reuters) ,Current Contents: Social & Behavioral Sciences (Thomson Reuters) , (EBSCO Publishing) ,HEED: Health Economic Evaluations Database (Wiley-Blackwell) ,Index Medicus/MEDLINE (NLM) ,MEDLINE/PubMed (NLM) ,ProQuest,PsycINFO/Psychological Abstracts (APA),PubMed Dietary Supplement Subset (NLM) ,Science Citation Index Expanded (Thomson Reuters) ,SCOPUS (Elsevier),Social,Sciences,Citation

6.	2014	Z. Roupa, C. Chalarambous, P. Sotiropoulou, M. Rekleiti, A. Vasilopoulos, A. Agoritsa, E. Kotrotsiou.	Cypriot nurses knowledge and attitudes towards alternative medicine	Complementary Therapies in Clinical Practice 2014; 20:89-92  IF 3.00	CINAHL, MEDLINE®, EMBASE, PubMed, Web of Science, Scopus, Science Citation Index, Expanded, AMED
7.	2014	Kousloglou SA, Mouzas OD, Bonotis K, Roupa Z, Vasilopoulos A, Angelopoulos NV.	Insomnia and burnout in Greek Nurses	HIPPOKRATIA 2014; 18, 2: 150-155  IF 0.589	PubMed Central, Scopus, EMBASE, Thomson Reuters' (Science Citation Index Expanded, Journal Citation Reports / Science Edition), Free Medical Journals, EBSCO and Copernicus
8.	2015	A.Vassilopoulos	The promotion of smoking habit through music. (Pilot Study)	Health Science Journal 2015;3(8)  IF 2.63	Cinahl™, Cinahlfulltext™, Cinahl+™, Cinahl+fulltext™, TOCPremier™, Currentabstracts™ (EBSCO), SciverseScopus™ (Elsevier), EMcare™ (Elsevier), ScimagoLab™ Ulrich'sPeriodicalsDirectory™, ProQuestNursing&AlliedHealthSource™ (Proquest),
9.	2015	A. Vasilopoulos, K. Gourgoulisanis, C. Hatzoglou, Z. Roupa.	Social influence and smoking habit in adolescent	Health Science Journal 2015;2(5) IF 2.63	Cinahl™, Cinahl full text™, Cinahl+™, Cinahl+full text™, TOC Premier™, Current abstracts™ (EBSCO), Sciverse Scopus™ (Elsevier), EMcare™ (Elsevier), Scimago Lab™ Ulrich's Periodicals Directory™, ProQuest Nursing & Allied Health Source™ (Proquest),
10.	2016	Z. Roupa.A. Vasilopoulos, K.Gourgoulisanis, C. Hatzoglou, AntoniosKefaliakos, Enkeleint- AggelosMechili, OlgaArchangelidi, EmmanouilMentzakis, MariannaDiomidous	The effect of family and social environment on smoking behaviour in adolescent	European Scientific Journal 2016;12(2):62-80 IF 0.713	Google Scholar, EBSCO, ProQuest, Open J gate, Index Copernicus, Gale's Academic Databases, Ulrich's, Electronic Journals Library, Scirus, Chinese National Library, West European Librarian, The University of North Carolina at Chapel Hill University Library, JournalSeek, AcademicKeys, Ex Libris' Primo Central Index, Getcited, Research Bible, New Jour, electronic Journals and Newsletters, EyeSource, academia.edu, The Asian Education Index, Mendeley, Directory of Research Journals Indexing, Max Perutz Electronic Journals Library, WZB Berlin Social Research Center, CCG-IB BIBLIOTECA, DOAJ, JournalTOCs, Sherpa/Romeo, University of Nottingham, UK
11.	2018	CharalambosCharalambous, AgoritsaKoulori, AristidisVasilopoulos, ZoeRoupa	Evaluation of the Validity andReliability of the WaterlowPressureUlcer Risk Assessment Scale	MedArch. 2018 APR; 72(2): 141-144  IF 1.20	PubMed, ExcerptaMedica/EMBASE, Scopus, Scirus, EBSCO, DOAJ, Index Copernicus, Ulrich's Periodicals Directory, Geneva Foundation for Medical Education and Research-GFMER, HINARI, ProQuest, NewJour, SClmago Journal & Country Rank, ISC Master List Journals, CrossRef, Google Scholar, GenamicsJournalSeek, WorldCat, VINITI of RAS, Research Gate, Catalyst, ScopeMed, SafetyLit, BioinfoBank Library, PubGet, GetCited, CIRRIE, Kubon and Sagner OPAC.

12.	2018	AristidisVasilopoulos,StauraMarinou, MarianthiRammou, Penelope Sotiropoulou, EleniSiamaga, Zoe Roupa	Investigation of anxiety and depression of the elderly in community"	Hellenic Journal of Nursing Science 2018;11(3): 59-66	Google Scholar, Academic Research Index,ElektronischeZeitschriftenbibliothek, DOAJ, Academic keys,Crossref, DoiCrossref
13.	2018	AristidisVasilopoulos, RoupaZoe, ChryssiHatzoglou, KonstantinosGougoulianis.	The attitudes of greek students toward to smoking activity	To VimatouAsklipiou Journal 2018;17(3)	GOOGLE SCHOLAR, ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ
14.	2018	CharalambosCharalambous , AgoritsaKoulouri, AristidisVasilopoulos, ZoeRoupa	The role of macrophages in the inflammatory phase during wound healing	Review of the clinical pharmacology and pharmacokinetics 2018;32:71-76 IF 0.11	Scopus, CAS,CrossRef Metadata search,ResearchGate,Google Scholar, Zenodo open data repository (CERN),OpenAIRE, ISSN Greek Center,OAJI (Open Academic Journals Index
15.	2018	CharalambosCharalambous , Aristidis Vasilopoulos, AgoritsaKoulouri, Eleni Siamaga, PopiSotiropoulou, Zoe Roupa,	The impact of stress on pressure ulcerwound healing process and on the psychophysiological environment of the individual suffering from them.	MedicalArchives2018; 72(5): 362–366.  IF 1.2	PubMed/MedLine, Excerptamedica/EMBASE, Scopus, Scirus, EBSCO, DOAJ, Index Copernicus, Ulrich’s Periodicals Directory, Geneva Foundation for Medical Education and Research – GFMER, HINARI, ProQuest, NewJour, SCImago Journal and Country Rank, ISC Master Journals List, CrossRef, Google Scholar, GenamicsJournalSeek, WorldCat, VINITI of RAS, Research Gate, Catalyst, ScopeMed, SafetyLit, BioInfoBank Library, PubGet, GetCited, CIRRIE, Kubon and Sagner OPAC.
16.	2019	CharalambosCharalambous , AgoritsaKoulouri, Zoe Roupa, AristidisVasilopoulos, Mary Kyriakou, MariosVasiliou	Knowledge and attitudes of nurses in a major public hospital in Cyprus toward pressure ulcer prevention	Journal of Tissue Viability 2019;28:40-45  IF: 2.932	Medline/Index Medicus, Scopus, ScienceDirect, PubMed, BioInfoBank Library, SciSearch/Science Citation Index Expanded, Social Sciences Citation Index, Current Contents / Clinical Medicine, AMED, CINAHL
17.	2020	AristidisVasilopoulos, PanagiotaValleta	Investigation into the Sex and Sexual Health of the Older People of the Community	International Journal of Caring Sciences 2020;13 (3):1969-1975	DOAJ EBSCOhost,GoogleScholar,Open J-Gate,ProQuest,WorldCat, EMcare,CINAHL,ZDB,TOCPremier,Academic Journals Database,Genamics Journal Seek
18.	2021	Zoe Roupa, EustathiaKalopita, AgoritsaKoulouriCharalambosCharalambous, VassilikiDiamantidou, AristidisVasilopoulos,	An Investigation of the Diabetic Patient or Its CarergiversKnowledgeLevels Regarding the	International Journal of Caring Sciences 2020; 13 (3):1028-1033	DOAJ EBSCOhost,GoogleScholar,Open J-Gate,ProQuest,WorldCat, EMcare,CINAHL,ZDB,TOCPremier,Academic Journals Database,Genamics Journal Seek

			Diabetic Foot Management		
19	2021	AristidisVasilopoulos,ChristinaPanagouDimosMastrogiannis, .PavlosSarafis, CharalambosCharalambous ZoeRoupa , Eleni Siamaga,	Investigation of the Teacher’s Knowledge and Attitude towards Providing First Aid in the School Environment	International Journal of Caring Sciences 2020; 13 (3):1468-1472	DOAJ EBSCOhost,GoogleScholar,Open J-Gate,ProQuest,WorldCat, EMcare,CINAHL,ZDB,TOCPremier,Academic Journals Database,Genamics Journal Seek
20.	2022	StilianiKotrotsiou, DimitriosTheofanidis ,Zoe Konstanti , AristidisVasilopoulos, George TsioumanisTheodosiosParalikas	Investigation of Healthcare Satisfaction of Roma Living in Camps or Urban Complex of Central Greece	MaterSociomed. 2022 Mar; 34(1): 50-54 IF 0.86	PubMed, PubMed Central, EBSCO, DOAJ, Index Copernicus, Ulrich’s Periodicals Directory, Geneva Foundation for Medical Education and Research – GFMER, HINARI, ProQuest, NewJour, ISC Master Journals List, CrossRef, Google Scholar, GenamicsJournalSeek, WorldCat, NLM Catalog, VINITI of RAS, Catalyst, SafetyLit, EastView, GESDAV.
21.	2022	AristidisVasilopoulos,Nikolleta-Alexandra Pantelidaki, AggelikiTzoura, Dimitra Papadopoulou, KotrotsiouStiliani, TheodosiosParalikas, Eleni Kortianou, DimosMastrogiannis	Factors underlying denial of and disbelief in COVID-19	J Bras Pneumol. 2022;48(5):e20220228 IF 2.8	THOMSON SCIENTIFIC (ISI)ISI Web of Knowledge, SCOPUS, Scopus Info Site, MEDLINE/PUBMEDLiteraturaInternacionalem Ciências da Saúde, SciELOThe Scientific Eletronic Library OnlineLILACSLiteratura Latino-Americana emCiências da Saúde SCImagoJournal& Country RankINDEX COPERNICUS
22.	2023	Aspasia Mavronasou, Andreas Asimakos, AristeidisVasilopoulos, ParaskeviKatsaounou&Eleni ,A. Kortianou	Remote administration of the short physical performance battery, the 1-minute sit to stand, and the Chester step test in post-COVID-19 patients after hospitalization : establishing interreliability and agreement with the face-to-face assessment	DisabilRehabil. 2023 Dec 29:1-11. doi: 10.1080/09638288.2023.2297928. Online ahead of print IF=2.5	Current Contents; EBSCO Online; Educational Research Abstracts online (ERA); Electronic Library For Social Care; Ergonomics Abstracts; Index Medicus/MEDLINE; PEDro, Psych Info/Psych Lit/Psych Abstracts; RECAL Bibliographic Database; Science Citation Index; Scopus; Social Science Citation Index; and Sociological Abstracts.
23.	2024	AristidisVasilopoulos, Eleni Kortianou , Nikoleta - Alexandra Pantelidaki , AggelikiNtzoura, Dimitra Papadopoulou,	Sociodemographic determinants of Covid-19 vaccination non-	Reports on Global Health Research 2024;7(1): 186DOI: 10.29011/269	Scilit, ResearchGate, ACADEMIA, Dimensions AI, ScienceGate, Scopus Impact Factor, Semantic Scholar Google Scholar, Genamics – JournalSeek, Academic Keys, ResearchBib - Academic Research Index, Geneva Foundation for



		StillianiKotrotsiou, TheodosiosParalikas, DimosMastogiannis	acceptance in adults. A cross sectional study.	0- 9480.100186 IF=3.2	Medical Education and Research, International Innovative Journal Impact Factor (IIJIF),WorldCat Open J-Gate, Directory of Journals Indexing, PubMed
<b>Original Greek Publications</b>					
1.	2006	Z. Roupa, A. Vasilopoulos	Approaching the problem of musculoskelet al injuries of the lumbar spine in the nursing staff	THE STEP OF ASCLEPIUS 2006, 5(4):380	CINAHL PLUS και CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO)
2.	2010	A.Vasilopoulos, Z. Roupa, G.Vozniak, M. Rekleiti, K. Tsaras, G. Papathanasiou, K.Gourgoulialis.	Investigating the knowledge and attitudes of Nursing students about pulmonary tuberculosis	Interscientific Health Care 2010;2(2):00- 00	CINAHL PLUS και CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ)
3.	2011	A.Vasilopoulos, Z. Roupa, K.Gourgoulialis.	The Impact of Advertising and the Media on Adolescent Smoking	PNEYMON 2011, 24(2): 182-187	SCOPUS, EMBASE, DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ), INDEX COPERNICYS
4.	2013	E. Siamaga, A. Vasilopoulos, P. Sotiropoulou, P. Vlachou, G. Tdoyskas, Z. Roupa	Investigation of the level of education and the occurrence of back pain in nurses and nursing assistants of primary health care structures	Interscientific Health Care 2013;5(3): 102-108	CINAHL PLUS και CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ)
5.	2014	Z. Roupa, S.Giatsiou, A. Vasilopoulos	West Nile virus - A global public health problem	Interscientific Health Care 2014;6(2): 102-108	CINAHL PLUS και CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ)
6.	2014	Z. Roupa, P. Zografou, A. Vasilopoulos..	Immigrants as users of Primary Health Care services in Greece	Interscientific Health Care 2014;6(4 ):154-159	CINAHL PLUS και CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ)
7.	2016	Z. Roupa, A. Papanastasiou, A. Vasilopoulos	Investigation of the relationship between Body Weight and Body Mass Index with the occurrence of Backache in	Interscientific Health Care 2016; 8(4):144-150	CINAHL PLUS και CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ)

			Nursing staff.		
8.	2017	Z. Roupa, M. Rammou, A. Vasilopoulos	Dance as a means of treatment and rehabilitation of the disability of mentally ill	International Journal of Health Care 2017; 9(3):92-97	CINAHL PLUS και CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL, DOAJ
9.	2018	Aristidis Vasilopoulos , Stauroula Marinou, Marianthi Rammou Penelope Sotiropoulou , Eleni Siamaga Zoe Roupa	Investigation of anxiety and depression of the elderly in community"	Hellenic Journal of Nursing Science 2018;11(3): 59-66	Google Scholar,Scopus, Academic Research Index, Elektronische Zeitschriftenbibliothek, DOAJ, Academic keys, Crossref, Doi Crossref
10.	2018	Aristidis Vasilopoulos, Roupa Zoe, Chryssi Hatzoglou, Konstantinos Gougoulianis	The attitudes of greek students toward to smoking activity	To Vima tou Asklipiou Journal 2018;17(3)	GOOGLE SCHOLAR, ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ
11.	2019	Z. Roupa, G. Gavogianni, , M. Moula , A. Koulouri, C. Charalambous A. Vasilopoulos	Investigation of attitudes of women health professionals regarding vaccination against Human Papillomavirus (HPV).	THE STEP OF ASCLEPIUS 2019;18(2):166-178	CINAHL PLUS KAI CINAHL PLUS WITH FULL TEXT (EBSCO), DOAJ, OPENAIR, CORE, ZOTERO
12.	2021	Vassilopoulos Aristides, Kouliaki Evangelia	Evaluation of factors related to user satisfaction with the provided Primary Health Care services in structures of the Attica Basin	Journal of Nursing Science 15(1): 22-27, doi: <a href="https://doi.org/10.24283/hjns.202213">https://doi.org/10.24283/hjns.202213</a> )	Greek Google Scholar, ResearchBib, ElektronischeZeitschriftenbibliothek, Doaj, Academic Keys,ResearchGate, Publons, Mendeley, Academia Edu

**Presentations – Announcements Conferences in Greek**

1. Roupa Z., Vassilopoulos A. "Study of lumbar injuries in the nursing staff. 1st Conference of Chronic Patient Care Scientists, Larissa 11/2006
2. Roupa Z, Mylona E, Sotiropoulou P, Vassilopoulos A., "Diabetes and special education of patients." 1st Conference of Chronic Patient Care Scientists, Larissa 11/2006
3. Roupa Z, Sotiropoulou P, Sarli E, Vassilopoulos A., Veneris K., Roussia I., Somaripa K., Makrynoris D., Mylona E., "Elderly Support Program in Primary Health Care Unit in the Basin". 1st Conference of Chronic Patient Care Scientists, Larissa 11/2006
4. Roupa Z, Mylona E., Sotiropoulou P, Vassilopoulos A., Chalkidou S., Goma I., Paralikas Th., "Home care as a cornerstone in the building of P.F.Y. 2nd Conference of Chronic Patient Care Scientists, Larissa 11/2007
5. Roupa Z., Vassilopoulos A., Sotiropoulou P, Mylona E., Noula M., Kotrotsiou E., "Occupational back pain and ways of treatment." 2nd Conference of Chronic Patient Care Scientists. Larissa 11/2007
6. Nikas M., Sotiropoulou P., Vassilopoulos A., Mylona E., Darivakis S., Makrynika E., Roupa Z., "The sociability of the elderly in the KAPI Municipalities of the Attica Basin." 3rd Conference of Chronic Patient Care Scientists. Larissa 11/2008
7. Roupa Z., Mylona E., Sotiropoulou P., Faros E., Vassilopoulos A., Makrynika E., Raftopoulos Vassilios. "Evaluation of knowledge, attitudes and high-risk behaviors in HIV-positive people who are monitored in a special infections unit in Thessaloniki." 3rd Conference of Chronic Patient Care Scientists. Larissa 11/2008
8. Nikas M., Sotiropoulou P., Lahana Eleni., Vassilopoulos A., Mylona E., Darivakis S., Makrynika E., Roupa Z., "Self-service capacity and level of autonomy in the elderly of the Attica Basin. 3rd Conference of Chronic Patient Care Scientists. Larissa 11/2008
9. Roupa Z., Sotiropoulou P, Vassilopoulos A., Koulouri A., Faros E., "Approach to the economic dimension of the elderly in the Attica basin" 35th Panhellenic Nursing Conference: Safety and quality in the working environment. Athens 12-15 / 5/08
10. Sotiropoulou P., Roupa Z., Mylona E., Vassilopoulos A., Koulouri A., Koutis H. "Ergonomic risk assessment of administrators in the banking sector." 35th Panhellenic Nursing Conference: Safety and quality in the work environment. Athens 12-15 / 5/08
11. Sotiropoulou P., Roupa Z, Koulouri A, Nikas M, Vassilopoulos A., Babatsikou F. "Subjective assessment of quality parameters of the Internal Environment in an Administrative Services building", 36th Panhellenic Nursing Conference, Mykonos, 4-7 May 2009

12. Nikas M., Mylona E., Sotiropoulou P., Vassilopoulos A., Darivakis S., Koulouri A., Roupa Z. "The most common health problems of the elderly in the Attica basin and their attitude towards the Health Services", 36th Panhellenic Nursing Conference, Mykonos, 4-7 May 2009
13. Vlachou P., Siamaga E., Vassilopoulos A. "Sleep disorders of people with cardiovascular diseases" 4th Conference of Care Scientists for Chronic Patients. Larissa 9-11 November 2010
14. Nikas M., Roupa Z., Sotiropoulou P., Vassilopoulos A., Rekleiti M. "Investigation of the stratification of COPD and the effect of smoking on its occurrence in elderly patients living in the Attica Basin" 4th Conference of Scientists Suffering. Larissa 9-11 November 2010
15. Vassilopoulos A., Karkanis K., Manos M., Pililitsis L., Hatzoglou Ch., Roupa Z., Gourgoulisanis K. "The contribution of smoking cessation clinics to patients and to Primary Health Care", 4th Scientific Conference of Scientists Suffering. Larissa 9-11 November 2010
16. Vassilopoulos A., Roupa Z., Vozniak G., Rekleiti M., Tsaras K., Papathanassiou I., Gourgoulisanis K. "Evaluation of the knowledge of ATEI nursing students for pulmonary tuberculosis", 4th Conference of Phronologist Larissa 9-11 November 2010
17. Vlachou P., Siamaga E., Vassilopoulos A. "The role of the school nurse in the prevention of childhood obesity", 4th Conference of Chronic Patient Care Scientists. Larissa 9-11 November 2010
18. Sotiropoulou P., Vassilopoulos A., Roupa Z. "The contribution of state bodies in the protection of motherhood and child in Greece", 4th Conference of Chronic Patients. Larissa 9-11 November 2010
19. Sotiropoulou P., Roupa Z., Vassilopoulos A., Koulouri A., Nikas M., Evangelia M., Koutis H. "Investigation of stress parameters and quality of internal environment as occupational risk factors in an administrative building" 4th Panhellenic and 3rd Pan-European Scientific and Professional Nursing Conference. Athens 9-12 March 2011
20. Galatou Ch., Galatou N., Statharou A., Kourakos M., Vassilopoulos A., Darivakis S., Roupa Z. "Professional exhaustion and the sense of humor in health professionals". 4th Panhellenic and 3rd Pan-European Scientific and Professional Nursing Conference. Athens 9-12 March 2011
21. Siamaga E., Vlachou P., Vassilopoulos A. "Prevention of child accidents in the school environment - The role of the school nurse." 4th Panhellenic and 3rd Pan-European Scientific and Professional Nursing Conference. Athens 9-12 March 2011
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32. Alexis Margaritis, Panagiota Vlachou, Apostolos Aroniadis, Eleni Siamaga, Christos Karagiannis, Eleni Kapetaniou, Chara Zioga, Loukas Poulidis, Aristidis Vassilopoulos. The Firewall safety levels of society today against sexually transmitted diseases 5th Panhellenic and 4th Pan-European ENE Conference. Corfu 10-13 / 05/2012.

33. The contribution of the family to the smoking behavior of adolescents. Vassilopoulos Aristidis, Gourgoulisanis Konstantinos, Hatzoglou Chrissi, Roupa Zoi. 5th Panhellenic Conference of Chronic Patient Care Scientists. Larissa March 28-30, 2013

34. Approaching the problem of child accidents in urban centers. Roupa Zoi, Giasyrani Lamprini, Sotiropoulou Penelope, Vasilopoulos Aristidis, Koulouri Agoritsa, Rekleiti Maria, Noula Maria, Gesouli Eftychia. 5th Panhellenic Conference of Chronic Patient Care Scientists. Larissa March 28-30, 2013

35. Investigation of the training of nurses of the Greek territory in ergonomic issues. Roupa Zoi, Papanastasiou Athanasia, Sotiropoulou Penelope, Vassilopoulos Aristidis, Siamaga Eleni, Koulouri

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37. Study of how to approach and educate in matters of domestic violence by health professionals. Roupa Zoi, Giakoumi Vasiliki, Sotiropoulou Penelope, Vassilopoulos Aristidis, Koulouri Agoritsa, Gouva Mary, Kotrotsiou Evangelia. 5th Panhellenic Conference of Chronic Patient Care Scientists. Larissa March 28-30, 2013

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40. Vassilopoulos Aristidis, Gourgoulisanis Konstantinos, Hatzoglou Chrissi, Roupa Zoi. Attitudes of the teenagers of Central Greece regarding smoking. 22nd Panhellenic Pulmonary Congress, Athens 5-7 December 2013

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45. Vassilopoulos Aristidis, Rammou Marianthi. The game as a means of providing health care. 6th Panhellenic Conference of Chronic Patient Care Scientists. Lake Plaster 22-24 October 2015

46. Aristidis Vassilopoulos, Penelope Sotiropoulou, Zoe Roupa. Ways to prevent back pain while practicing nursing. 7th Panhellenic Conference of Chronic Patient Care Scientists. Ancient Olympia, November 20-22, 2017

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48. Kyriotis S. Anagnou G. Vassilopoulos A. Lagou K. Koutsonikas Evaluation of a health promotion program in cardiopulmonary resuscitation in Primary Education students. 3rd Panhellenic Conference on Emergency Prehospital Care. Athens 3-6 April 2019
49. Aristidis Vassilopoulos, Theoni Zarafonitou, Vasiliki Karkoulia, Eleni Siamaga "Investigation of smoking habit and health condition of the undergraduate Student -13th Panhellenic Nursing Conference 15-18, 2020 October 15-18, 2020
50. Aristidis Vassilopoulos, Ourania Spirelli, Zoe Roupa "Evaluation of the quality of life and the health status of refugees in Lesvos, 13th Panhellenic Nursing Conference October 15-18, 2020
51. Aristidis Vassilopoulos, Evangelia Koutsegkou, Eleni Siamaga, Zoi Roupa "The attitudes of the elderly of the community to medicines.- 13th Panhellenic Nursing Conference October 15-18, 2020
52. Aristides Vassilopoulos, Nikoleta-Alexandra Pantelidaki, Angeliki Ntzoura, Dimitra Papadopoulou, Eleni Siamaga, and Zoe Roupa. FACTORS AFFECTING PREVENTION PROGRAMS. THE CASE OF COVID 19. 14th Panhellenic Scientific and Professional Nursing Conference of the Hellenic Nurses Association. Thessaloniki 29/9-3-10/2021
53. Anastasia Papanikolaou, Aristides Vassilopoulos, Eleni Siamaga SURVEY OF THE KNOWLEDGE AND ATTITUDES OF WOMEN AGED 18-25 ABOUT HUMAN MAMMO VIRUS. 14th Panhellenic Scientific and Professional Nursing Conference of the Greek Nurses Association. Thessaloniki 29/9-3-10/2021
54. Aristides Vassilopoulos, Vasileia Fotopoulou, Irini-Georgia Rizou Vassiliki – Chrysoula Tsikna. RESEARCH OF THE SEXUAL HEALTH OF YOUNG PEOPLE AGED 18-30. 14th Panhellenic Scientific and Professional Nursing Conference of the Greek Nurses Association. Thessaloniki 29/9-3-10/2021
55. Aristides Vasilopoulos, Ioannis-Panagiotis Varvaraksi, Anthoula Vassalou, Maria Georgatou, Eleni Siamaga. COMMUNICATION BETWEEN NURSES AND PATIENTS AS A MEANS OF PROMOTION AND RESTORATION OF HEALTH. 14th Panhellenic Scientific and Professional Nursing Conference of the Greek Nurses Association. Thessaloniki 29/9-3-10/2021
56. E. Doulopoulou, S. Voulgarakis, D. Zidros, F. Karageorgou, P. Posinakidis, K. Kalatzis, V. Antoniou, A. Vasilopoulos, G. Pepera Correlation of anthropometric, demographic and clinical hemodynamic parameters with functional capacity through the six-minute walk test in patients with Type I Diabetes Mellitus: Initial findings. 1st Panhellenic Conference of Physiotherapy Students. Lamia 10-12/3/2023
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59. Correlation of the regressive walk test with the 6-minute walk test in patients with type 1 diabetes. Lalas Ioakim, Kazantzidou Sofia-Maria, Giamouridis Eleftherios, Doulopoulou Elisavet, Zidros Dimitrios, Karavella Despina, Karageorgou Fani, Lioliopoulos Vasilios, Cojocari Daniel Valentin, Antoniou Varsamo, Vasilopoulos Aristidis, Dimitriadis Zacharias, Kalatzis Konstantinos, Pepera Garyfallia. 31st Scientific Conference of the Panhellenic Association of Physiotherapists, Athens 1-3/12/2023

### **International Conferences**

1. Roupa Z., Nikas M., Sotiropoulou P., Vassilopoulos A., Rekleiti M., Charilaou G. "The appearance of apnea syndrome in elderly people suffering from COPD in the Attica Basin", 17th Pancyprian Conference on Nursing and Obstetrics, Limassol 11- 12 November 2010 Cyprus

2. Bosniak G., Nikas M., Vassilopoulos A., Roupa Z., Sotiropoulou P., Charilaou G., Koulouri A., Balaska A. "The use of antibiotics in patients of Primary Health Care Units of the Attica Basin", 17th Pancyprian Synod Nursing and Obstetrics, Limassol 11-12 November 2010 Cyprus

3. Vassilopoulos A., Roupa Z., Rekleiti M., Bosniak G. "The contribution of travel medicine in the defense of Public Health", 17th Pancyprian Conference on Nursing and Obstetrics, Limassol 11-12 November 2010 Cyprus

4. Roupa Zoe, Sotiropoulou Penelope, Wozniak Greta, Aristeides Vasilopoulos, Nikas Marios, Koulouri Agoritsa, Koutis Charilaos. Evaluation of the ergonomic risk concerning administrators working in a Bank. The 1st international conference on safety and crisis management in the construction, tourism and smes sectors. Nicosia, Cyprus 24-28-6-2011

5. Roupa Zoi, Fotiadis Ioanna, Kamintzi Martha, Nikas Marios, Charalambous Charalambos, Rekleiti Maria, Sotiropoulou Penelope, Vasilopoulos Aristidis. "Students' knowledge and attitudes about AIDS" 18th Pancyprian Conference on Nursing and Obstetrics Nicosia 25-26 November 2011 Cyprus

6. Charalambous Charalambos, Roupa Zoi, Rekleiti Maria, Vassilopoulos Aristidis, Fotiadis Ioanna, Kamintzi Martha. "Knowledge and attitudes of nurses in Cyprus about alternative therapies" 18th Pancyprian Conference on Nursing and Obstetrics. Nicosia 25-26 November 2011 Cyprus

7. Vassilopoulos Aristidis, Gourgoulisanis Konstantinos, Nikas Marios, Sotiropoulou Penelope, Vassilopoulos Sotiria, Charalambous Charalambos, Roupa Zoi. "The projection of the smoking hex through song lyrics and their effect on the smoking behavior of adolescents". 18th Pancyprian Conference on Nursing and Obstetrics. 25- 26 November 2011 Cyprus

8. Roupa Zoi, Koulouri Agoritsa, Bafa Panagiota, Sotiropoulou Penelope, Vassilopoulos Aristidis, Rekleiti Maria, Charalambos Charalambos, "Communication and information as indicators of



patient satisfaction in the PFY unit of the 19th Pancyprian Congress" Guarantee of efficiency and productivity ", November 30 - December 1, 2012 Cyprus

9. Roupa Zoi, Chatzi Panagiota, Balaska Asimina, Sotiropoulou Penelope, Vassilopoulos Aristidis, Rekleiti Maria, Efthymios Faros. "Knowledge and attitude of women health professionals to prevent HPV in men. 19th Pancyprian Conference, Pancyprian Association of Nurses and Midwives "Evidence Based Practice: Guarantee of efficiency and productivity", November 30 - December 1, 2012 Cyprus

10. Vassilopoulos A, Roupa Z, Hatzoglou X, Sotiropoulou P, Koulouri A, Kotrotsiou E, Gourgoulisanis K. The influence of advertising messages on the smoking habit of adolescents in central Greece 19th Pancyprian Conference on Nursing and Obstetrics May 2012 to May 1, 2012 ,

11. Roupa Zoi, Giakoumi Vassiliki, Sotiropoulou Penelope, Vassilopoulos Aristidis, Koulouri Agoritsa, Rekleiti Maria, Kotrotsiou Evangelia, "Problem Investigation in the Search for Domestic Violence by Health Professionals and Obstetric Care: Universal, Timeless, Evolutionable "29-30 November 2013 Nicosia, Cyprus

12. Sotiropoulou Penelope, Konstantinos Gourgoulisanis, Efthymia Petinaki, Aristidis Vassilopoulos, Agoritsa Koulouri, Noula Maria, Zoi Roupa. The documentation of the implementation of DOTS programs -directly observed therapy- in foreign patients with tuberculosis in Greece, 22nd Pancyprian Conference on Nursing and Obstetrics, Effective and Cost-Effective Care, Nicosia 13-14 November 2015, Cyprus

13. Sotiropoulou Penelope, Gourgoulisanis Konstantinos, Petinaki Efthymia, Vassilopoulos Aristidis, Koulouri Agoritsa, Noula Maria, Zoi Roupa "Investigation of patients' compliance with tuberculosis treatment to create a prognosis indicator -26 November 2016,, Cyprus

14. Roupa Zoi, Koulouri Agoritsa, Kalopita Efstathia, Vasilopoulos Aristidis, Sotiropoulou Penelope, Nikitara Monica, Noula Maria. Knowledge of caregivers and patients with Diabetes mellitus for the diabetic foot.24th Pancyprian Conference on Nursing and Obstetrics. November 10-11, Limassol, Cyprus

15. Aristidis Vasilopoulos, Christina Panagou, Dimos Mastrogiannis, Pavlos Sarafis, Charalambos Charalambous, Eleni Siamaga The management of the epilepsy crisis in the school environment by the teachers. Nursing-Caring for People in Contemporary Societies.5th-6th April Frederick University Nicosia, Cyprus

16. Aristidis Vasilopoulos, Evaggelia Kouliaki, Dr Staff Athina Lazakidou The users 'satisfaction in Primary Health Care infrastructures with the medical staff's behavior. Nursing-Caring for People in Contemporary Societies.5th-6th April Frederick University Nicosia, Cyprus

17. Roupa Zoi, Koulouri Agoritsa, Vassilopoulos Aristidis, Noula Maria Organizational culture in Health Services and desirable work models. 26th Pancyprian Conference on Nursing and Obstetrics 29-30 November 2019, Saint Raphael Resort Hotel, Limassol

18. Vassilopoulos Aristidis, Valletta Panagiota, Roupa Zoi. Investigation of the Sexual Life of the Elderly before and during old age. 26th Pancyprian Conference on Nursing and Obstetrics 29-30 November 2019, Saint Raphael Resort Hotel, Limassol

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## Another Authors Manuscripts - Monographs

1. Evaluation of the ergonomic risks concerning administrators working in a Bank, Rousa Z, Sotiropoulou P, Wozniak G, Vasilopoulos A, Nikas M, Koulouri A, Koutis C. (2012). Στο Ηλεκτρονικό βιβλίο Boustras, Georgios; ISBN 1612335578; Proceedings of the 1st International Conference in Safety and Crisis Management in the Construction, Tourism and SME Sectors, Brown Walker Press, Palo Alto, CA, USA. Available from: <http://www.universalpublishers.com/book.php?method=ISBN&book=161233558>
2. Επιμέλεια του βιβλίου Κοινωνική Νοσηλευτική-Εισαγωγή στη φροντίδα υγείας στην κοινότητα. Συγγραφείς: Rector Cherie. Εκδόσεις Broken Hill Publishers. ISBN 9789925563418
3. Translation and editing of the book Primary Health Care and Community Health. Authors Diana Guzys, Rhonda Brown, Elizabeth Halcomb, Dean Whitehead Published by Broken Hill Publishers
4. Chapter editing of the book Netter's Clinical Anatomy and Neuroanatomy 3rd edition. Authors Hansen John, Rubin Michael, Safdieh Joseph
5. Chapter editing of the book FirstAid, CPR, and AED Meets CPR and ECC Guidelines ADVANCED EIGHTHEDITION. Authors Alton L. Thygerso

## Certifications

1. EuropeanComputerDrivingLicense (ECDL 7 ενότητες)
2. License to Practice of Nursing according to the document no. 15 / 1-2-2006 Greek Ministry Department of Health and Dim. Hygiene of the Prefecture of Fthiotida
3. Certified Resuscitator (BLS) by the European Resuscitation Council - No. ERC Certification -521-025772
4. Certified Resuscitation Instructor (BLS Instructor) by the European Resuscitation Council - No. ERC Certification -800-871824
5. Certified Bleeder in Bleeding Control by the European Resuscitation Council BC-17-0315
6. Certified adult educator of non-formal education by EOPPEP with Registration number EB32617