



**University of Thessaly**  
Physiotherapy Department

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**Professor Eleni A. KORTIANOU**

**CURRICULUM VITAE**

**Eleni A. Kortianou** is a Professor in Respiratory Physiotherapy at the University of Thessaly. She holds a degree in Physical Therapy (1994) from the Technological Educational Institute of Athens, a Postgraduate (1997) degree from the University of East London and a PhD (2015) from National and Kapodistrian University of Athens. She also holds a Master's Degree in Pedagogy (1999) from PATES.

She teaches respiratory physiotherapy and pulmonary rehabilitation at the undergraduate and postgraduate levels. Her teaching experience has primarily consisted of respiratory and cardiovascular limitations in chronic lung and cardiovascular diseases. She supervises postgraduate and PhD students.

She has extensive clinical experience and clinical teaching of physiotherapy students in ICUs and other clinics (surgery, pulmonology, etc.).

Her research interest is in rehabilitating chronic and acute respiratory problems in adults and pediatrics that need to be addressed and treated by the physiotherapist. Her studies concerning the cardiovascular and respiratory system limitations on exercise capacity and daily physical activity in patients with chronic lung diseases have been discriminated in Greece and abroad.

She has attended several postgraduate courses and specialized clinical seminars in the context of lifelong learning. She is an evaluator of international journals and research proposals.

Since 2009 she has been collaborating with the Pulmonary Rehabilitation Unit of the Medical School of the University of Athens. Also as an invited lecturer, she collaborates with the Postgraduate Programs of the Medical School of the University of Athens. She has been a member of scientific congress committees in Greece and abroad. She speaks English and Italian.

Since 2020 she is the Scientific and Academic Director of the Specialization Training Program named "Physiotherapy in ICU. An Evidence-Based Approach" at the Training and Lifelong Learning Center of the University of Thessaly.

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