

Dr. Aristidis Vasilopoulos

Assistant Professor University of Thessaly

Personal Informations

First Name: Aristidis

Family Name: Vasilopoulos

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Work Address: 3rd KLM Old Road Lamia- Athens – Lamia- PC 35100

Telephone (Office): +0302231060208

Education

2014: Doctor of Philosophy (PhD), University of Thessaly - Department of Medicine (Grade Excellent)

2009: Postgraduate Diploma: "Primary Health Care" University of Thessaly - Department of Medicine (Grade Excellent)

2005: Degree in Nursing - Technological Educational Institute of Lamia - School of Health and Welfare Professions - Department of Nursing (Very Good)

2001: General High School diploma

Foreign Languages

English: Level B2

Italy: Level **S1**

Work Experience

1/12/2020 until today: Assistant Professor, University of Thessaly, Department of Physiotherapy, No Decision 1924 /Tg/ 27-11-2020

1/7/2019 to 30/11/2020: Assistant Professor, University of Thessaly, Undergraduate Nursing Studies Program, No Decision 537/Tg/10-4-2019

5/3/08 to 30/6/2019: Nurse - National Public Health Organization

08/11/2005 to 08/08/2006: 9-month term in the Army Health Corps

Teaching Experience

Teaching in Undergraduate Courses - Level 6

Academic year

[2006-2007]

Laboratory collaborator TEI of Larissa, Department of Nursing-Course "Surgical Nursing"

Laboratory collaborator TEI of Lamia, Department of Nursing - Course "Community Nursing"

Laboratory collaborator TEI of Lamia, Department of Nursing - Course "Community Nursing", "Gerontological Nursing", "Pathological Nursing"

[2007-2008]

Laboratory collaborator TEI of Lamia, Department of Nursing - Course "Community Nursing", "Gerontological Nursing", "Pathological Nursing"

Laboratory collaborator of TEI of Lamia, Department of Nursing - Course "Community Nursing", "Pathological Nursing"

[2008-2009]

Laboratory collaborator TEI of Lamia, Department of Nursing - Course "Community Nursing", "Pathological Nursing"

[2009-2010]

Laboratory collaborator TEI of Central Greece, Department of Nursing - Course "Pathological Nursing"

[2010-2011]

Laboratory collaborator TEI of Central Greece, Department of Nursing - Course "Pediatric Nursing"

[2011-2012]

Laboratory collaborator TEI of Central Greece, Department of Nursing - Course "Pathological Nursing I - Basic Principles of Nursing - Nursing Theories"

[2013-2014]

Laboratory collaborator of TEI of Central Greece, Department of Nursing - Course "Pathological Nursing I - Mental Health Nursing"

[2014-2015]

Laboratory collaborator TEI of Central Greece, Department of Nursing - Course "Pathological Nursing I - Pathological Nursing II, Nosocomial Infections"

[2015-2016]

Laboratory collaborator of TEI of Central Greece, Department of Nursing - Course "Gerontological Nursing - Surgical Nursing"

[2016-2017]

Laboratory collaborator TEI of Central Greece, Department of Nursing - Course "Pediatric Nursing

Laboratory collaborator with the qualification of professor of applications TEI of Central Greece, Department of Nursing - Course: Pathological Nursing II / Nosocomial Infections »

[2017-2018]

Laboratory collaborator with the qualification of professor of applications TEI of Central Greece, Department of Nursing - Course "Pediatric Nursing - Emergency Nursing Care"

[2018-2019]

Laboratory collaborator with the qualification of professor of applications University of Thessaly Undergraduate Nursing Program - Course "Gerontical Nursing - Emergency Nursing Care"

[2019-2020]

Assistant Professor: Community Nursing II - Health Education, Gerontical Nursing, Dermatology - Sexually Transmitted Diseases, Emergency Nursing - First Aid, Psychiatry

Teaching in Postgraduate Courses – Level 7

Academic year

[2018-2019]

Greek Open University. Collaborating Teaching Staff (SEP) in the Postgraduate Studies program (P.MS.), Administration of Health Units. Program Manager: Dr. Anagnostopoulos Fotios

[2017-2018]

Greek Open University. Collaborating Teaching Staff (SEP) in the Postgraduate Studies program (P.MS.), Administration of Health Units. Program Manager: Dr. Anagnostopoulos Fotios

[2013-2016]

University of Thessaly - Department of Medicine. Postgraduate Program (MSc) Primary Health Care. Primary Health Care Course. Program Manager: Dr. Gourgoulianis Konstantinos.

Teaching in Vocational Training Institutes (VTI) - Level 5

School year

[2015-2016]

VTI of Lamia - Course First Aid (Laboratory), Hygiene Elements (Theory)

[2016-2017]

VTI of Lamia - Nursing Course II (Theory, Laboratory)

[2017-2018]

VTI of Lamia - Nursing Course III, IV (Laboratory)

Other forms of teaching

[October 2017 - Today]

Basic Life Support Instructor certified by the European Rehabilitation Council - Hellenic Society of Emergency Prehospital Care (30 hours)

[December 2017 - June 2019]

National Emergency Center - Lamia. Citizen educator in matters of first aid within the framework of the "5th Panhellenic Week of Education and Prevention (5 hours)

National Emergency Center Lamia. Citizen Instructor in matters of First Aid to the students of the 6th High School of Lamia (5 hours)

National Emergency Center Lamia. Citizen Instructor on First Aid at the Association of Parents and Guardians of Persons with Disabilities (5 hours)

National Emergency Center Lamia. Citizen Instructor on First Aid in the Association of Parents and Guardians of Persons with Disabilities (5 hours)

National Emergency Center Lamia. Citizen educator in matters of First Aid within the framework of the

National Emergency Center Lamia. Citizen Instructor on First Aid to Music School Students (5 hours)

National Emergency Center Lamia. Citizen Trainer in First Aid at 695 Military Base (5 hours)

National Emergency Center Lamia. Citizen Instructor in matters of First Aid to the employees of the Lamia Forest Service (5 hours)

National Emergency Center Lamia. Citizen Instructor in matters of First Aid to Physiotherapists of the Panhellenic Association of Physiotherapists (5 hours)

National Emergency Center Lamia. Citizen Instructor in matters of First Aid to the students of the Vocational High School of Amfissa (5 hours)"6th" Panhellenic Week of Education and Prevention (10 hours)

Research Projects

2005: Undergraduate research paper on "Low Back Pain in nursing staff."

2006: Participation in the research program on "First Aid." of TEI of Athens.

2009: Postgraduate research paper on "Knowledge and attitudes of ATEI Nursing students regarding pulmonary tuberculosis".

2013: Doctoral research paper on "Determinants of the impact of juvenile smoking in Greece ... smokeless young healthy adults.

Publishes

Original Publications in Foreign Magazines

No	Year	Authors	Tilte	Journal	Abstracting
1.	2006	Z. Roupa, P. Sotiropoulou, E. Kotrotsiou, A. Vasilopoulos, E. Mylona, M. Noula, A. Papaioannou, C. Marvaki		ICUS Nurs WEB J, issue 28,Oct-Dec, 2006	Cinahl™, Cinahl full text™, Cinahl+™, Cinahl+ full text™, TOC Premier™, Current abstracts™ (EBSCO), Sciverse Scopus™ (Elsevier), EMcare™ (Elsevier), Scimago Lab™ Ulrich's Periodicals Directory™, ProQuest Nursing & Allied Health Source™ (Proquest), The NHS Knowledge Network (Scotland),

2.	2006	Y. Dimoula, C.Marvaki, M.Siohou, V. Bournakis, A. Vasilopoulos, A. Kalogianni, A. Hasioti	Citizens informing for primary health care services in Greece.	ICUS Nurs WEB J, issue 28,Oct-Dec, 2006	Cinahl™, Cinahl full text™, Cinahl+™, Cinahl+ full text™, TOC Premier™, Current abstracts™ (EBSCO), Sciverse Scopus™ (Elsevier), EMcare™ (Elsevier), Scimago Lab™ Ulrich's Periodicals Directory™, ProQuest Nursing & Allied Health Source™ (Proquest),
3.	2008	Z. Roupa, A. Vasilopoulos, P. Sotiropoulou, E. Makrinika, M. Noula, E. Faros, Ch. Marvaki.	The problem of low back pain in nursing staff and its affect on human activity.	Health Science Journal 2008;2(4): 219-25. IF 1.63	Cinahl™, Cinahl full text™, Cinahl+™, Cinahl+ full text™, TOC Premier™, Current abstracts™ (EBSCO), Sciverse Scopus™ (Elsevier), EMcare™ (Elsevier), Scimago Lab™ Ulrich's Periodicals Directory™, ProQuest Nursing & Allied Health Source™ (Proquest),
4.	2012	Z. Roupa, D. Zikos, A. Vasilopoulos, M. Diomidous	Common health risks, required precautions of travelers and their customs towards the use of travel medicine services.	Mat Soc Med 2012; 24(2): 131-134 IF 0.86	PubMed, PubMed Central, EBSCO, DOAJ, Index Copernicus, Ulrich's Periodicals Directory, Geneva Foundation for Medical Education and Research – GFMER, HINARI, ProQuest, NewJour, ISC Master Journals List, CrossRef, Google Scholar, Genamics JournalSeek, WorldCat, NLM Catalog, VINITI

						of RAS, Catalyst, SafetyLit, EastView, GESDAV.
5.	2014	A. Vasilopoulos, K. Hatzoglou, Z. Roupa.	Gourgoulianis, C.	Juvenile (age 12 – 18) Smoking Incidence Determinants in Greece.	Int J Nurs Pract. 2014 Mar 13. doi: 10.1111/ijn.12233 IF 1.189	Academic Search (EBSCO Publishing) ,Academic Search Alumni Edition (EBSCO Publishing) ,Academic Search Elite (EBSCO Publishing) ,Academic Search Premier (EBSCO Publishing) ,ASSIA: Applied Social Sciences Index & Abstracts (ProQuest) ,BNI: British Nursing Index (ProQuest) ,CINAHL: Cumulative Index to Nursing & Allied Health Literature (EBSCO Publishing),CSA Current Contents: Clinical Medicine (Thomson Reuters) ,Current Contents: Social & Behavioral Sciences (Thomson Reuters) , (EBSCO Publishing) ,HEED: Health Economic Evaluations Database (Wiley-Blackwell) ,Index Medicus/MEDLINE (NLM) ,MEDLINE/PubMed

					(NLM),,ProQuest,PsycINFO/Psy chological Abstracts (APA),PubMed Dietary Supplement Subset (NLM) ,Science Citation Index Expanded (Thomson Reuters) ,SCOPUS (Elsevier),Social,Sciences,Citatio n
6.	2014	Z. Roupa, C. Chalarambous, P. Sotiropoulou, M. Rekleiti, A. Vasilopoulos, A. Agoritsa, E. Kotrotsiou.	Cypriot nurses knowledge and attitudes towards alternative medicine	Complementary Therapies in Clinical Practice 2014; 20:89-92 IF 1.701	CINAHL,MEDLINE®,EMBASE,Pub Med,Web of Science,Scopus,Science Citation Index,Expanded,AMED

	2014	Kousloglou SA, Mouzas OD, Bonotis K, Roupa	Insomnia and burnout in Greek	HIPPOKRATIA 2014;	PubMed Central, Scopus,
_		Z, Vasilopoulos A, Angelopoulos NV.	Nurses	18, 2: 150-155	EMBASE, Thomson Reuters'
7.					(Science Citation Index
					Expanded, Journal Citation
					Reports / Science Edition), Free
					Medical Journals, EBSCO and
				IF 0.589	Copernicus
	2015	A.V	The second secon	the life of the second	C'arleim C'arlei C II ar 170
8.	2015	A.Vassilopoulos	The promotion of smoking habit	Health Science	Cinahl™, Cinahl full text™,
			through music. (Pilot Study)	Journal 2015;3(8)	Cinahl+™, Cinahl+ full text™,
					TOC Premier™, Current
					abstracts™ (EBSCO), Sciverse
				IF 1.63	Scopus™ (Elsevier), EMcare™
					(Elsevier), Scimago Lab™
					Ulrich's Periodicals Directory™,
					ProQuest Nursing & Allied
					Health Source™ (Proquest),
					(

	2015	A. Vasilopoulos, K. Gourgoulianis, C.	Social influence and smoking	Health Science Journal	Cinahl™, Cinahl full text™,
		Hatzoglou, Z. Roupa."	habit in adolescent	2015;2(5)	Cinahl+™, Cinahl+ full text™,
9.					TOC Premier™, Current
					abstracts™ (EBSCO), Sciverse
				IF 1.63	Scopus™ (Elsevier), EMcare™
					(Elsevier), Scimago Lab™
					Ulrich's Periodicals
					Directory™, ProQuest Nursing
					& Allied Health Source™
					(Proquest),

10.	2016	Z. Roupa.A. Vasilopoulos, K.Gourgoulianis, C. Hatzoglou, Antonios Kefaliakos, Enkeleint- Aggelos Mechili, Olga Archangelidi, Emmanouil Mentzakis, Marianna Diomidous	The effect of family and social environment on smoking behaviour in adolescent	European Scientific Journal 2016;12(2):62-80	Google Scholar, EBSCO, ProQuest, Open J gate, Index Copernicus, Gale's Academic Databases, Ulrich's, Electronic Journals Library, Scirus, Chinese National Library, West European Librarian, The University of North Carolina at Chapel Hill University Library, JournalSeek, AcademicKeys, Ex Libris' Primo Central Index, Getcited, Research Bible, New Jour, electronic Journals and Newsletters, EyeSource, academia.edu, The Asian Education Index, Mendeley, Directory of Research Journals Indexing, Max Perutz Electronic Journals Library, WZB Berlin Social Research Center, CCG-IB BIBLIOTECA, DOAJ, JournalTOCs, Sherpa/Romeo, University of Nottingham, UK

11.	2018	Charalambos Charalambous, Agoritsa Koulori, Aristidis Vasilopoulos, Zoe Roupa	Evaluation of the Validity and Reliability of the Waterlow Pressure Ulcer Risk Assessment Scale	Med Arch. 2018 APR; 72(2): 141-144 IF 0.76	PubMed, Excerpta Medica/EMBASE, Scopus, Scirus, EBSCO, DOAJ, Index Copernicus, Ulrich's Periodicals Directory, Geneva Foundation for Medical Education and Research—GFMER, HINARI, ProQuest, NewJour, SCImago Journal & Country Rank, ISC Master List Journals, CrossRef, Google Scholar, Genamics JournalSeek, WorldCat, VINITI of RAS, Research Gate, Catalyst, ScopeMed, SafetyLit, BioinfoBank Library, PubGet, GetCited, CIRRIE, Kubon and Sagner OPAC.
12.	2018	Charalambos Charalambous, Agoritsa Koulori, Aristidis Vasilopoulos, Zoe Roupa	The role of macrophages in the inflammatory phase during wound healing	Review of the clinical pharmacology and pharmacokinetics 2018;32:71-76	CHEMICAL ABSTRACTS, ELSEVIER'S BIBLIOGRAPHIC DATABASE, SCOPUS, EMBASE, EMBIOLOGY, ELSEVIER BIOBASE, SCIMAGO JOURNAL AND COUNTRY
13.	2018	Charalambos Charalambous, Aristidis Vassilopoulos, Agoritsa Koulouri, Eleni Siamaga,Popi Sotiropoulou, Zoe Roupa,	The impact of stress on pressure ulcer wound healing process and on the psychophysiological environment of the individual suffering from them.	Medical Archives 2018; 72(5): 362–366. IF 0.76	PubMed/MedLine, Excerpta medica/EMBASE, Scopus, Scirus, EBSCO, DOAJ, Index Copernicus, Ulrich's Periodicals Directory, Geneva Foundation for Medical Education and Research – GFMER, HINARI, ProQuest, NewJour, SCImago Journal and Country Rank, ISC Master Journals List, CrossRef, Google Scholar, Genamics JournalSeek, WorldCat, VINITI

					of RAS, Research Gate, Catalyst, ScopeMed, SafetyLit, BioinfoBank Library, PubGet, GetCited, CIRRIE, Kubon and Sagner OPAC.
14.	2019	Charalambos Charalambous, Agoritsa Koulouri, Zoe Roupa, Aristidis Vasilopoulos, Mary Kyriakou, Marios Vasiliou	Knowledje and attitudes of nurses in a major public hospital in Cyprus toward pressure ulcer prevention	Journal of Tissue Viability 2019;28:40-45 IF: 2.831	Medline/Index Medicus, Scopus, ScienceDirect, PubMed, BioInfoBank Library, SciSearch/Science Citation Index Expanded, Social Sciences Citation Index, Current Contents / Clinical Medicine, AMED, CINAHL

Original Publications in Foreign Magazines

No	Year	Authors	Title	Journal	Abstacking
15.	2006	Z. Roupa, A. Vasilopoulos	Approaching the problem of musculoskeletal injuries of the lumbar spine in the nursing staff	ASCLEPIUS 2006,	CINAHL PLUS και CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO)
16.	2010	A.Vasilopoulos, Z. Roupa, G.Vozniak, M. Rekleiti, K. Tsaras, G. Papathanasiou, K.Gourgoulianis.	Investigating the knowledge and attitudes of Nursing students about pulmonary tuberculosis	Health Care	CINAHL PLUS KOL CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ)
17.	2011	A.Vasilopoulos, Z. Roupa, K.Gourgoulianis.	The Impact of Advertising and the Media on Adolescent Smoking		SCOPUS, EMBASE, DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ), INDEX COPERNICYS

18.	2013	E. Siamaga, A. Vasilopoulos, P. Sotiropoulou, P. Vlachou, G. Tdoyskas, Z. Roupa	Investigation of the level of education and the occurrence of back pain in nurses and nursing assistants of primary health care structures	Interscientific Health Care 2013;5(3): 102-108	CINAHL PLUS KOL CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ)
19.	2014	Z. Roupa, S.Giatsiou, A. Vasilopoulos	West Nile virus - A global public health problem	Interscientific Health Care 2014;6(2): 102-108	CINAHL PLUS και CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ)
20.	2014	Z. Roupa, P. Zografou, A. Vasilopoulos	Immigrants as users of Primary Health Care services in Greece	Intescientific Health Care 2014;6(4):154-159	CINAHL PLUS και CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ

21.	2016	Z. Roupa, A. Papanastasiou, A. Vasilopoulos	Investigation of the relationship between Body Weight and Body Mass Index with the occurrence of Backache in Nursing staff.	Interscientific Health Care 2016; 8(4):144-150	CINAHL PLUS και CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ
22.	2017	Z. Roupa, M. Rammou, A. Vasilopoulos	Dance as a means of treatment and rehabilitation of the disability of the mentally ill	Interscientific Health Care 2017; 9(3):92-97	CINAHL PLUS KOL CINAHL PLUS WITH FULL TEXT (EBSCO).ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL, DOAJ
23.	2018	Aristidis Vasilopoulos , Stauroula Marinou, Marianthi Rammou Penelope Sotiropoulou , Eleni Siamaga Zoe Roupa	Investigation of anxiety and depression of the elderly in community"	Hellenic Journal of Nursing Science 2018;11(3): 59-66	Google Scholar, Scopus, Academic Research Index, Elektronische Zeitschriftenbibliothek, DOAJ, Academic keys, Crossref, Doi Crossref

24.	2018	Aristidis Vasilopoulos, Roupa Zoe, Chryssi Hatzoglou, Konstantinos Gougoulianis	The attitudes of greek students toward to smoking activity		GOOGLE SCHOLAR, ACADEMIC SEARCH COMPLETE (EBSCO), DIRECTORY OF OPEN ACCESS JOURNAL(DOAJ
25.	2019	Z. Roupa, G. Gavogianni, , M. Moula , A. Koulouri, C. Charalambous A. Vasilopoulos	Investigation of attitudes of women health professionals regarding vaccination against Human Papillomavirus (HPV).	ASCLEPIUS	CINAHL PLUS KAI CINAHL PLUS WITH FULL TEXT (EBSCO), DOAJ, OPENAIR, CORE, ZOTERO

Presentations – Announcements Conferences

Presentations – Announcements Conferences in Greek

- 1. Roupa Z., Vassilopoulos A. "Study of lumbar injuries in the nursing staff. 1st Conference of Chronic Patient Care Scientists, Larissa 11/2006
- 2. Roupa Z, Mylona E, Sotiropoulou P, Vassilopoulos A., "Diabetes and special education of patients." 1st Conference of Chronic Patient Care Scientists, Larissa 11/2006
- 3. Roupa Z, Sotiropoulou P, Sarli E, Vassilopoulos A., Veneris K., Roussia I., Somaripa K., Makrynori D., Mylona E., "Elderly Support Program in Primary Health Care Unit in the Basin". 1st Conference of Chronic Patient Care Scientists, Larissa 11/2006
- 4. Roupa Z, Mylona E., Sotiropoulou P, Vassilopoulos A., Chalkidou S., Goma I., Paralikas Th., "Home care as a cornerstone in the building of P.F.Y. 2nd Conference of Chronic Patient Care Scientists, Larissa 11/2007
- 5. Roupa Z., Vassilopoulos A., Sotiropoulou P, Mylona E., Noula M., Kotrotsiou E., "Occupational back pain and ways of treatment." 2nd Conference of Chronic Patient Care Scientists. Larissa 11/2007
- 6. Nikas M., Sotiropoulou P., Vassilopoulos A., Mylona E., Darivakis S., Makrynika E., Roupa Z., "The sociability of the elderly in the KAPI Municipalities of the Attica Basin." 3rd Conference of Chronic Patient Care Scientists. Larissa 11/2008
- 7. Roupa Z., Mylona E., Sotiropoulou P., Faros E., Vassilopoulos A., Makrynika E., Raftopoulos Vassilios. "Evaluation of knowledge, attitudes and high-risk behaviors in HIV-positive people who are monitored in a special infections unit in Thessaloniki." 3rd Conference of Chronic Patient Care Scientists. Larissa 11/2008
- 8. Nikas M., Sotiropoulou P., Lahana Eleni., Vassilopoulos A., Mylona E., Darivakis S., Makrynika E., Roupa Z., "Self-service capacity and level of autonomy in the elderly of the Attica Basin. 3rd Conference of Chronic Patient Care Scientists. Larissa 11/2008
- 9. Roupa Z., Sotiropoulou P, Vassilopoulos A., Koulouri A., Faros E., "Approach to the economic dimension of the elderly in the Attica basin" 35th Panhellenic Nursing Conference: Safety and quality in the working environment. Athens 12-15 / 5/08
- 10. Sotiropoulou P., Roupa Z., Mylona E., Vassilopoulos A., Koulouri A., Koutis H. "Ergonomic risk assessment of administrators in the banking sector." 35th Panhellenic Nursing Conference: Safety and quality in the work environment. Athens 12-15 / 5/08

- 11. Sotiropoulou P., Roupa Z, Koulouri A, Nikas M, Vassilopoulos A., Babatsikou F. "Subjective assessment of quality parameters of the Internal Environment in an Administrative Services building", 36th Panhellenic Nursing Conference, Mykonos, 4-7 May 2009
- 12. Nikas M., Mylona E., Sotiropoulou P., Vassilopoulos A., Darivakis S., Koulouri A., Roupa Z. "The most common health problems of the elderly in the Attica basin and their attitude towards the Health Services", 36th Panhellenic Nursing Conference, Mykonos, 4-7 May 2009
- 13. Vlachou P., Siamaga E., Vassilopoulos A. "Sleep disorders of people with cardiovascular diseases" 4th Conference of Care Scientists for Chronic Patients. Larissa 9-11 November 2010
- 14. Nikas M., Roupa Z., Sotiropoulou P., Vassilopoulos A., Rekleiti M. "Investigation of the stratification of COPD and the effect of smoking on its occurrence in elderly patients living in the Attica Basin" 4th Conference of Scientists Suffering. Larissa 9-11 November 2010
- 15. Vassilopoulos A., Karkanis K., Manos M., Pililitsis L., Hatzoglou Ch., Roupa Z., Gourgoulianis K. "The contribution of smoking cessation clinics to patients and to Primary Health Care", 4th Scientific Conference of Scientists Suffering. Larissa 9-11 November 2010
- 16. Vassilopoulos A., Roupa Z., Vozniak G., Rekleiti M., Tsaras K., Papathanassiou I., Gourgoulianis K. "Evaluation of the knowledge of ATEI nursing students for pulmonary tuberculosis", 4th Conference of Phronologist Larissa 9-11 November 2010
- 17. Vlachou P., Siamaga E., Vassilopoulos A. "The role of the school nurse in the prevention of childhood obesity", 4th Conference of Chronic Patient Care Scientists. Larissa 9-11 November 2010
- 18. Sotiropoulou P., Vassilopoulos A., Roupa Z. "The contribution of state bodies in the protection of motherhood and child in Greece", 4th Conference of Chronic Patients. Larissa 9-11 November 2010
- 19. Sotiropoulou P., Roupa Z., Vassilopoulos A., Koulouri A., Nikas M., Evangelia M., Koutis H. "Investigation of stress parameters and quality of internal environment as occupational risk factors in an administrative building" 4th Panhellenic and 3rd Pan-European Scientific and Professional Nursing Conference. Athens 9-12 March 2011
- 20. Galatou Ch., Galatou N., Statharou A., Kourakos M., Vassilopoulos A., Darivakis S., Roupa Z. "Professional exhaustion and the sense of humor in health professionals". 4th Panhellenic and 3rd Pan-European Scientific and Professional Nursing Conference. Athens 9-12 March 2011
- 21. Siamaga E., Vlachou P., Vassilopoulos A. "Prevention of child accidents in the school environment The role of the school nurse." 4th Panhellenic and 3rd Pan-European Scientific and Professional Nursing Conference. Athens 9-12 March 2011

- 22. C Charalambous, M Rekleiti, A Koulouri, A Vassilopoulos, M Nikas, P Sotiropoulou, Z Roupa. "Knowledge and Attitudes of the Nurses of Cyprus regarding Alternative Therapies", 12th Panhellenic Professional and Scientific Conference PASYNO-ESY, 18-20 / 11/2011
- 23. Vassilopoulos Aristidis, Roupa Z, Hatzoglou Chryssa, Sotiropoulou Penelope, Koulouri Agoritsa, Pililitsis Leonidas, Gourgoulianis Konstantinos. "Investigation of juvenile smoking in Central Greece Recent data." 20th Panhellenic Congress of Thoracic Diseases. Athens 24-27 November 2011
- 24. P. Sotiropoulou, P. Zois, A. Vassilopoulos, A. Papavassiliou, E. Petinaki, Z. Roupa, K. Gourgoulianis, K. Konstantinou. "The problem of reporting cases in Greece in relation to the incidence of the disease as it was recorded in the Anti-Tuberculosis of GNTHA from 2007-Today." 9th Panhellenic Conference on Public Health and Health Services. Athens 26-28 March 2012
- 25. Vassilopoulos A, Siamaga E, Roupa Z, Sotiropoulou P, Diomidou M, Vlachou P, Margaritis A. "Investigation of occupational back pain in Primary Health Care Nurses." 39th Panhellenic Nursing Conference. Volos 15-8 May 2012
- 26. Charalambous X, Rekleiti M, Kyloudis P, Koulouris A, Vassilopoulos A, Nikas M. "Investigation of the views of nurses in Cyprus regarding alternative therapies". 39th Panhellenic Nursing Conference Volos 15-18 May 2012
- 27. Agoritsa Koulouri, Skopelitou Margitsa, Penelope Sotiropoulou, Aristidis Vassilopoulos, Paanagiotis Ias, Aristea Plakida, Konstantinos Gourgoulianis "The working situation as an indicator of the level of health." 39th Panhellenic Nursing Conference Volos 15-18 May 2012
- 28. Agoritsa Koulouri, Margitsa Skopelitou, Penelope Sotiropoulou, Aristidis Vassilopoulos, Chryssa Hatzoglou, Roupa Zoi, Konstantinos Gourgoulianis. "Investigating the Relationship between Chronic Obstructive Pulmonary Disease and Quality of Life in Primary Health Care Users." 5th Panhellenic and 4th Pan-European ENE Conference. Corfu 10-13 / 05/2012
- 29. Rekleiti Maria, Aris Vassilopoulos, Roupa Zoi. "Psychiatric kinesiotherapy in the treatment of psychogenic anorexia". 5th Panhellenic and 4th Pan-European ENE Conference. Corfu 10-13 / 05/2012
- 30. Aristidis Vassilopoulos, Eleni Siamaga, Penelope Sotiropoulou, Zoi Roupa, Alexandros Margaritis, Panagiota Vlachou. "Investigation of the incidence of back pain and how it is treated in Primary Health Care Nurses." 5th Panhellenic and 4th Pan-European ENE Conference. Corfu 10-13 / 05/2012
- 31. Penelope Sotiropoulou, Agoritsa Koulouri, Aristidis Vassilopoulos, Nikoleta Golemi, Andriana Lagolopoulou, Charalambous, Marios Nikas, Aglaia Tselika Roupa Zoi. "Investigation of knowledge and attitudes about cervical cancer Test PAP, HPV, in women who use health services". 5th Panhellenic and 4th Pan-European ENE Conference. Corfu 10-13 / 05/2012

- 32. Alexis Margaritis, Panagiota Vlachou, Apostolos Aroniadis, Eleni Siamaga, Christos Karagiannis, Eleni Kapetaniou, Chara Zioga, Loukas Poulidis, Aristidis Vassilopoulos. The Firwall safety levels of society today against sexually transmitted diseases 5th Panhellenic and 4th Pan-European ENE Conference. Corfu 10-13 / 05/2012.
- 33. The contribution of the family to the smoking behavior of adolescents. Vassilopoulos Aristidis, Gourgoulianis Konstantinos, Hatzoglou Chrissi, Roupa Zoi. 5th Panhellenic Conference of Chronic Patient Care Scientists. Larissa March 28-30, 2013
- 34. Approaching the problem of child accidents in urban centers. Roupa Zoi, Giasyrani Lamprini, Sotiropoulou Penelope, Vasilo poulos Aristidis, Koulouri Agoritsa, Rekleiti Maria, Noula Maria, Gesouli Eftychia. 5th Panhellenic Conference of Chronic Patient Care Scientists. Larissa March 28-30, 2013
- 35. Investigation of the training of nurses of the Greek territory in ergonomic issues. Roupa Zoi, Papanastasiou Athanasia, Sotiropoulou Penelope, Vassilopoulos Aristidis, Siamaga Eleni, Koulouri Agoritsa, Rekleiti Maria. 5th Panhellenic Conference of Chronic Patient Care Scientists. Larissa March 28-30, 2013
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☑ AKOΛΟΥΘΕΊΤΕ

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Certifications

- 1. European Computer Driving License (ECDL 7 ενότητες)
- 2. License to Practice of Nursing according to the document no. 15 / 1-2-2006 Greek Ministry Department of Health and Dim. Hygiene of the Prefecture of Fthiotida
- 3. Certified Resuscitator (BLS) by the European Resuscitation Council No. ERC Certification -521-025772
- 4. Certified Resuscitation Instructor (BLS Instructor) by the European Resuscitation Council No. ERC Certification -800-871824
- 5. Certified Bleeder in Bleeding Control by the European Resuscitation Council BC-17-0315
- 6. Certified adult educator of non-formal education by EOPPEP with Registration number EB32617