# Paraskevi Boura



Chalandri, 15233 Greece,

Mobile: +30

viviboura@gmail.com

### EXECUTIVE SUMMARY

MD from Aristotle University of Thessaloniki and PhD from Athens University School of Medicine. Specialized in Pulmonology.Currently as a Medical Advisor, I provide expert medical advice for assigned products and related therapeutic areas. Establish and maintain professional and credible relationships with key thought leaders / external experts mainly in academic centres. Additionally, I play an active role in the Clinical Research Activities and I deliver scientific presentations and customized medical training to other departments (including the Commercial). Also, I provide medical input into marketing strategy and ensure compliance with all applicable national laws and regulations. Finally, in parallel I have been an active pulmonologist doing private practice.

Before entering the pharmaceutical industry, I had been an enthusiastic clinician offering a 12+ year expertise in the field of oncology clinical trials within a distinguished university medical school department. Performance oriented, strategic thinker with extensive experience in the clinical research field. Known over achiever with excellent track record in all professional and academic environments exposed. Attached to attainment of key departmental goals, with a sheer focus on the quality of the services provided and always demonstrating a unique level of professionalism, entrepreneurship, resilience, and focus on performance. Experienced in working as member of cross-functional teams, leading without authority and ensuring team peak performance and morale. Recognized within the department for hard-won abilities in finding solutions, problem solving, maintaining high quality standards under difficult situations even in the face of challenging and volatile environments. Presenting at national congresses, guest lecturer at postgraduate programs, publishing articles and contributing in medical publications to advance medical knowledge in the field of thoracic malignancies within Greece.

### Areas of Expertise

Pulmonology	Thoracic Oncology	Clinical Trials
Contextualizing Medical Information	Project Management	Clinical Data Analysis
Working within Cross-functional Teams	Medical Data Presentation	Medical Training

Paraskevi Boura Resume\_May 2019

### **PROFESSIONAL EXPERIENCE - CAREER CHRONOLOGY**

# ABBVIE PHARMACEUTICALS SA,

# Medical Advisor Oncology/Hematology

Provide medical expertise to key therapeutic areas, build relationships with academia/experts, interact with the Commercial and Compliance Departments, training/speaking to non – medical audience.

# MEDICA MULTI-MEDICAL CENTER, Private Practice as Pulmologist.

University of Athens, 3<sup>rd</sup> department of Internal Medicine, Oncology Unit, SOTIRIA Hospital Senior Research Associate

Senior research associate within the clinical trials unit of the department in addition to being senior clinician within the Oncology Unit of the 3<sup>rd</sup> Department of Internal Medicine at the University of Athens at the SOTIRIA hospital.

Investigator in >70 phase II-III clinical trials, including multinational, multicentre or Investigator Initiated Trials executed with the Oncology Unit of the SOTIRIA hospital of Athens, an ISO certified clinical trials unit.

University of Athens, 3rd department of Internal Medicine,

Oncology unit, SOTIRIA Hospital

**Consultant Pulmonologist on a contract basis** 

Consultant pulmonologist on a contract basis within the Oncology Department of SOTIRIA hospital responsible for the case of patients with thoracic malignancies.

Lamia Technological Educational Institution Lecturer in Nursing Degree on a contract basis

### **Platanos Regional Medical Centre**

Municipality of Trikala, Kalabaka Health Unit region

Mandatory clinical work in a rural isolated area within mainland Greece, responsible for a small health unit in the Kalabaka area of the municipality of Trikala, with 4.000 patients, being the sole health response unit in the area.

# DIOLKOS Vocational Training Institute Lecturer in Nursing Degree on a contract basis

# EDUCATIONAL BACKGROUND

# PhD in Medicine, University of Athens, School of Medicine

Thesis title: "Adiponectin serum level and in BAL of Patients with NSCLC: Correlation with Clinical and Pathology parameters". Paraskevi Boura Resume\_May 2019 May 2018 – now

April 2017 – now

Nov 2007 - May 2018

July 2009 – June 2010

Oct 2001 - June 2002

April 2000 – April 2001

Oct 2000 – June 2002

Dec 2017

ADDITIONAL PROFESSIONAL HIGHLIGHTS Member of the Multidisciplinary Tumour Board in SOTIRIA Hospital 2017-2018 Representing the Oncology Unit within the multidisciplinary Tumour Board of the hospital Oncology Trainer for the Resident Program of the Medical Oncology Specialization 2012-2018 Deliver 20 hours of training to new residents on a yearly basis Internal Medicine Trainer for the Resident Program of the Internal Medicine 2010 - 2018 Specialization Deliver training to new residents specializing in Pulmonology, Hematology and Gastroenterology Lecturer at the MSc program in Thoracic Malignancies, University of Athens 2008 - 2018 Deliver lectures of the topic of "Lung cancer: contemporary Clinical and Research Approaches, at the MSc in Thoracic Malignancies program, within the University of Athens, School of Medicine Advanced Cardiac Life Support Trainer 2007- to date Deliver training to health care professionals seeking certifications in advanced cardiac life support.

Aristotle University of Thessaloniki, School of Medicine

# High School Diploma with Highest Honours,

2<sup>nd</sup> General Lyceum of Trikala (*High School Valedictorian*)

IT skills: PC Literate

Languages: Greek (Native Speaker), English (Fluent / Cambridge Proficiency in English)

# Medical Degree with honours,

# **MEMBERSHIPS AND AWARDS**

Member of European Respiratory Society (ERS), International Association for the Study of Lung Cancer (IASLC), American College of Chest Physicians (ACCP) and the European Resuscitation Council (ERC) at an international level.

Deliver training to individuals seeking certifications in basic life support.

Member of the Greek Societies of Pulmonology, Bronchology, Cardiac Resuscitation and Immuno-Oncology Association.

PhD Scholarship (3 years) by the State Scholarships Foundation (IKY) after selective national written exams (November 2007).

Vienna School of Clinical Research Scholarship: VSCR COURSE of free choice for excellent performance.

### Paraskevi Boura Resume\_May 2019

**Basic Cardiac Life Support Trainer** 

Oct 2007

Sept. 1993 – Sept. 1999

June 1992

2003 - to date

# PUBLICATIONS IN PEER REVIEW JOURNALS

- Vathiotis I,Dimakakos EP, Boura P, Ntineri A, Charpidou A, Gerotziafas G,Syrigos K Khorana Score: New Predictor of Early Mortality in Patients with Lung Adenocarcinoma. Clin Appl Thromb Hemost. 2018 Jan [Epub ahead of print].
- 2. Gkogkozotou VI, Gkiozos IC, Charpidou AG, Kotteas EA, Boura PG, Tsagouli SN, Syrigos KN.

PET/CT and brain MRI role in staging NSCLC: prospective assessment of the accuracy, reliability and cost-effectiveness.

Lung Cancer Manag. 2018 May 31;7(2):LMT02. doi: 10.2217/Imt-2018-0008. eCollection 2018 Jun.

3. Syrigos K, Grapsa D, Sangare R, Evmorfiadis I, Larsen AK, Van Dreden P, Boura P, Charpidou A, Kotteas E, Sergentanis TN, Elalamy I, Falanga A, Gerotziafas GT.

Prospective Assessment of Clinical Risk Factors and Biomarkers of Hypercoagulability for the Identification of Patients with Lung Adenocarcinoma at Risk for Cancer-Associated Thrombosis: The Observational ROADMAP-CAT Study.

Oncologist. 2018 Nov;23(11):1372-1381. doi: 10.1634/theoncologist.2017-0530. Epub 2018 Aug 13.

4. Boura P, Grapsa D, Loukides S, et al.

The Prognostic Value of Serum and Bronchoalveolar Lavage Levels of Adiponectin in Advanced Non-small cell Lung Cancer. Lung Cancer Management . 2017 Nov , Vol 6, No2.

5. Merikas M, Grapsa D, Dikoudi E, Gkiozos I, Boura P, Charpidou A, Kainis E, Syrigos K.

Epithelioid hemangioendothelioma treated with bevacizumab: A case series. Cancer Treat Commun 2015; 4: 59-64

6. Boura P, Loukides S, Grapsa D, Achimastos A, Syrigos K.

The diverse roles of adiponectin in non-small-cell lung cancer: current data and future perspectives Future Oncol. 2015;11(15):2193-203.

7. Ntikoudi E, Kiagia M, Boura P, Syrigos KN.

Hormones of adipose tissue and their biologic role in lung cancer Cancer Treat Rev. 2014 Feb;40(1):22-30. Epub 2013 Jul 16.

8. Pantazopoulos I, Xanthos T, Boura P, Syrigos KN.

Mesothelin and osteopontin Eur Respir J. 2013 Aug;42(2):557-8

9. Raptakis T, Boura P, Tsimpoukis S, Gkiozos I, Syrigos KN.

Endoscopic and endobronchial ultrasound-guided needle aspiration in the mediastinal staging of non-small cell lung cancer. Anticancer Res. 2013 Jun;33(6):2369-76. Review.

10. Pantazopoulos I, Boura P, Xanthos T, Syrigos KN.

Effectiveness of mesothelin family proteins and osteopontin for malignant mesothelioma. Eur Respir J. 2013 Mar; 41(3):706-15.

11. Syrigos KN, Karapanagiotou E, Boura P, Manegold C, Harrington K.

Bevacizumab-induced hypertension: pathogenesis and management. BioDrugs. 2011; 25(3):159-69.

12. Karapanagiotou EM, Polyzos A, Dilana KD, Gratsias I, Boura P, Gkiozos I, Syrigos KN.

Increased serum levels of ghrelin at diagnosis mediate body weight loss in non-small cell lung cancer (NSCLC) patients. Lung Cancer. 2009 Dec; 66(3):393-8.

13. Karapanagiotou EM, Boura PG, Papamichalis G, Konstantinou M, Sepsas E, Chamalakis G, Simsiris P, Gkiozos I, Syrigos KN.

Carboplatin-pemetrexed adjuvant chemotherapy in resected non-small cell lung cancer (NSCLC): a phase II study. Anticancer Res. 2009 Oct; 29(10):4297-301.

14. Syrigou EI, Karapanagiotou EM, Alamara CV, Boura P, Saif MW, Syrigos KN.

Hypersensitivity reactions to oxaliplatin: a retrospective study and the development of a desensitization protocol. Clin Colorectal Cancer. 2009 Mar; 8(2):106-9.